

2015 55+ BC GAMES RECORDS – North Vancouver, Aug 26-28

(45 new BC Seniors Games records plus 1 tied, 23 BC records, 10 CR, 1WR)

100M

W60	15.02	0.3	Elaine Whidden	3	60	27/08/15	Burnaby, BC	BC**
M85	18.48	-0.2	Norm Lesage	4	85	27/08/15	Burnaby, BC	CR**
M95	1:18.82	-0.2	William Falconer	8	95	27/08/15	Burnaby, BC	CR

200M

W55	30.54	1.0	Cindy O'Brien Hugh	3	57	26/08/15	Burnaby, BC	
W60	30.46	0.3	Elaine Whidden	3	60	26/08/15	Burnaby, BC	BC**
M85	39.99	-1.1	Norm Lesage	4	85	26/08/15	Burnaby, BC	BC

400M

W55	1:10.99		Cindy O'Brien Hugh	3	37	28/08/15	Burnaby, BC	
W65	1:19.39		Sandra Bissessur	2	65	28/08/15	Burnaby, BC	BC
W85	2:11.85		Lenore Montgomery	4	85	28/08/15	Burnaby, BC	CR
M70	1:08.82		Mark Stewart	2	71	28/08/15	Burnaby, BC	
M85	1:38.76		Norm Lesage	4	85	28/08/15	Burnaby, BC	

800M

W55	2:44.51		Susan Gordon	1	55	27/08/15	Burnaby, BC	
W85	4:33.86		Lenore Montgomery	4	85	27/08/15	Burnaby, BC	CR/WR#
M70	2:41.71		Mark Stewart	2	71	27/08/15	Burnaby, BC	
M75	3:00.36		Herb Phillips	4	75	27/08/15	Burnaby, BC	
M85	4:10.72		Maurice Tarrant	1	85	27/08/15	Burnaby, BC	

1500M

W55	5:36.71		Susan Gordon	1	55	28/08/15	Burnaby, BC	
W85	9:06.76		Lenore Montgomery	4	85	28/08/15	Burnaby, BC	CR
M75	5:56.11		Herb Phillips	4	75	28/08/15	Burnaby, BC	BC
M85	8:47.92		Maurice Tarrant	1	85	28/08/15	Burnaby, BC	

5000M

W85	32:36.20		Lenore Montgomery	4	85	26/08/15	Burnaby, BC	WR
M75	20:51.35		Herb Phillips	4	75	26/08/15	Burnaby, BC	BC
M85	30:12.55		Maurice Tarrant	1	85	26/08/15	Burnaby, BC	CR

SPRINT HURDLES

W65	21.98	0.2	Deborah Lee	4	65	26/08/15	Burnaby, BC	
M60	18.63	-0.2	Reidar Zapf-Gilje	4	63	26/08/15	Burnaby, BC	
M75	18.96	0.5	Lynn Thompson	1	76	26/08/15	Burnaby, BC	BC

LONG HURDLES (cancelled this year due to bad weather)

5000M POWER WALK

M90	49:13.16		Richard Gersthofer	1	90	27/08/15	Burnaby, BC	
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4 x 100M RELAY

W55+	1:01.43		Urith Hayley(64), Cindy O'Brien Hugh(57) Marie Johnson(62), Elaine Whidden(60)	Z-3	27/08/15	Burnaby, BC	BC
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4 x 100M MIXED RELAY

W55+	55.39		Cindy O'Brien Hugh(57), Bruno Gartner(62) Elaine Whidden(60), Al Percival(63)	Z-3	26/08/15	Burnaby, BC	
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MEDLEY RELAY (600m, 200m, 400m, 800m) - no records

4 x 400M POWER WALK RELAY - no records

LONG JUMP - no records

TRIPLE JUMP

W65	7.70	0.1	Deborah Lee	4	65	26/08/15	Burnaby, BC	BC**
M60	9.98	1.8	Reidar Zapf-Gilje	4	63	26/08/15	Burnaby, BC	BC

HIGH JUMP

M65	1.50 tie	John Hawkins	4	66	28/08/15	Burnaby, BC	BC tie
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POLE VAULT

M65	2.80	John Hawkins	4	66	27/08/15	Burnaby, BC	BC
M85	1.00	Douglas Monds	1	86	27/08/15	Burnaby, BC	CR

SHOT PUT

M85	8.98	Rainer Sillantaus	2	85	28/08/15	Burnaby, BC	BC
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DISCUS

W65	24.17	Rose Hare	4	67	28/08/15	Burnaby, BC	
W65	23.95*	Rose Hare	4	67	27/08/15	Burnaby, BC	

JAVELIN

W60	16.61	500g	Valerie Scott	3	60	26/08/15	Burnaby, BC	
W65	23.00	500g	Marilyn Benz	5	65	26/08/15	Burnaby, BC	CR**
W70	19.87	500g	Marg Radcliffe	1	73	26/08/15	Burnaby, BC	
W70	20.08*	500g	Marg Radcliffe	1	73	27/08/15	Burnaby, BC	
M85	19.91		Rainer Sillantaus	2	85	26/08/15	Burnaby, BC	
M90	16.78		Scot Henney	3	90	26/08/15	Burnaby, BC	BC

HAMMER

W65	32.20		Rose Hare	4	67	26/08/15	Burnaby, BC	
W80	21.79		Myrtle Acton	1	82	26/08/15	Burnaby, BC	CR
W80	22.46*		Myrtle Acton	1	82	27/08/15	Burnaby, BC	CR
M65	32.58		Harnek Toor	3	69	26/08/15	Burnaby, BC	

WEIGHT - no records**WEIGHT PENTATHLON**

W65	3644	Rose Hare	4	67	27/08/15	Burnaby, BC	
(27.96/880, 8.55/807, 23.95/711, 17.71/518, 10.43/728)							

PENTATHLON (no mens records, womens pentathlon cancelled)**10Km ROAD RACE** (cancelled due to bad weather)**10Km ROAD WALK** (cancelled due to bad weather)* **Record set in multi-event**** **This athlete has a better record pending**# **Betters listed WR but another woman ran faster in the WMA Championships**