

ATHLETE OF THE YEAR
“MALE TRACK”
*** 2016 ***

presented by

GREYHOUNDS MASTERS T & F CLUB



to

SAM WALKER

for

*** BC Masters Indoor Record**

M40 400m – 56.63 seconds

Canadian Masters Ranking - M45

400m – 55.25 (3rd), 200m – 24.78 (3rd), 100m – 12.41 (5th)

Americas Masters Games

GOLD – 400m (55.25)

SILVER – 200m (25.52)

BC Outdoor Relay Record

M35 4x100m (46.04 seconds)