

ATHLETE OF THE YEAR
“MOST OUTSTANDING MALE”

*** 2016 ***

presented by

GREYHOUNDS MASTERS T & F CLUB



to

REIDAR ZAPF-GILJE

for

BC Masters Records

M60 Indoor 60m Hurdles (10.73 seconds) & 2000m Steeplechase (7:54.67)

Canadian Masters Outdoor Championships

8 Medals: 6 Gold medals, Silver & Bronze

Americas Masters Games – 3 Golds

Decathlon (7014), Weight Pentathlon (3328), Steeplechase (8:02.82)

World Masters Rankings

#2 in *M60 Decathlon (7014) & Pentathlon (3418)*

#10 in *2000m Steeplechase (7:54.67)*