

ATHLETE OF THE YEAR

“MOST IMPROVED FEMALE”

*** 2017 ***

presented by

GREYHOUNDS MASTERS T&F CLUB



to

SUZANNE SHARP

*Indoor 1500M Race Walk in **9:53.27 (BC record)***

*Indoor 3000M Race Walk in **21:50.43 (BC record)***

*Outdoor 3000M Race Walk from 19:49.53 to **19:45.24 (BC record)***

Summerfast 10K, 58:32 in 2015 to 54:44 this year.

Melissa's 10K in Banff from 57:43 to 56:37 this year.

*5K Road Walk from 36:20 to **34:01 (BC record)***