

ATHLETE OF THE YEAR
“FEMALE TRACK”

*** 2017 ***

presented by

GREYHOUNDS MASTERS T & F CLUB



to

LENORE MONTGOMERY

for

WORLD Masters Track Record

W85 3000 Metres (19:58.05)

CANADIAN Masters Track Record

W85 400m (2:10.81)

WORLD Masters Road Record

W85 5K (34:23) at Carlsbad, California, April 02

WORLD Rankings (W85)

Ranked #1 in the world: 1500m & 3000m

Ranked #2 in the world: 400m & 800m