

# **ATHLETE OF THE YEAR**

## **“SPIRIT AWARD”**

**\* 2017 \***

*presented by*

**GREYHOUNDS MASTERS T & F CLUB**



*to*

**JULIE VALENTE**

*for*

*Julie's friendly smile, warm personality, positive attitude and never-ending encouragement for her teammates, outlines the definition of the GREYHOUNDS SPIRIT. Her optimism helps all Greyhounds achieve our mission of promoting the health and well-being of masters (35+) and seniors (55+) through participation in track and field. Too young to compete at the 55+ BC Games, she still drove up to Vernon to support our members, and for four days cheered for everyone in their events. Placing less focus on her own personal achievements, her teammates' successes come first. Through hard work and dedication, Julie had a successful 2017 season with two BC Indoor records and & 7 Personal Bests in her events.*