

OCEAN ATHLETICS SPRING BREAKER RESULTS – March 19, 2016

100M

W45	16.56	Sharon Evans
W78	26.54	Renate Cheetham
M38	11.77	Brian Carnate (pulled hamstring)
M44	12.46	Sam Walker
M51	14.20	Mark Phillips
M64	14.02	Al Percival

200M

W78	57.80	Renate Cheetham
M44	25.46	Sam Walker
M51	29.12	Mark Phillips

400M

W78	2:15.83	Renate Cheetham
M44	56.35	Sam Walker
M51	1:05.16	Mark Phillips

800M

W78	5:10.92	Renate Cheetham
M60	DNF	Wing Cheng

HIGH JUMP:

W45	1.15	Sharon Evans
M67	1.15	Dave Ulis

SHOT PUT:

M53	9.65	Andrew Arthur
M56	9.29	Steve Whittemore
M60	9.08	Andrew Natale
M65	9.74	Mohan Bains
M67	9.57	Dave Ulis

DISCUS:

M53	34.65	Andrew Arthur
M56	23.22	Steve Whittemore
M60	23.23	Andrew Natale
M67	34.22	Dave Ulis

JAVELIN:

M53	39.74	Andrew Arthur
M56	23.39	Steve Whittemore
M60	18.19	Andrew Natale
M67	32.74	Dave Ulis