

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17**

**6/16/17 to 6/18/17**

**Results**

**Women 40-44 200 Meter Dash**

Name	Age	Team	Seed	Finals	Wind H#	Points	Alternate
Finals							
1 Chitul, Olesea	41	Greyhounds T	31.25	30.58	-1.9	4	
2 Jogmohan, K	44	Unattached		38.16	-1.9	4	

**Women 45-49 200 Meter Dash**

Name	Age	Team	Seed	Finals	Wind H#	Points	Alternate
1 Wahl, Antje	46	West Vancouv		32.76	-1.9	4	
2 Evans, Sharon	46	Greyhounds T	33.00	33.56	-1.9	4	

**Women 50-54 200 Meter Dash**

Name	Age	Team	Seed	Finals	Wind H#	Points	Alternate
1 Sieben, Karen	53	Unattached B		32.56	-1.6	3	
2 Valente, Julie	50	Greyhounds T	39.58	38.58	-1.6	3	

**Women 55-59 200 Meter Dash**

Name	Age	Team	Seed	Finals	Wind H#	Points	Alternate
1 Szybunka, Patty	59	NorWesters T	30.72	31.39	0.4	2	
2 Rogers, Patti	56	Nanaimo & DI	28.00	31.50	-1.6	3	
3 O'Brien Hugh, Cindy	58	Greyhounds T	31.50	31.78	-1.6	3	
4 Ordowski, Linda	56	Greyhounds T	33.00	34.79	-1.6	3	

**Women 60-64 200 Meter Dash**

Name	Age	Team	Seed	Finals	Wind H#	Points	Alternate
1 Whidden, Elaine	62	Greyhounds T	30.80	30.61	0.4	2	
2 Bonin, Denise	61	Nanaimo & DI	34.45	33.91	0.4	2	
3 Scott, Valerie	61	Greyhounds T		35.91	0.4	2	

**Women 65-69 200 Meter Dash**

Name	Age	Team	Seed	Finals	Wind H#	Points	Alternate
1 Hayley, Urith	65	Greyhounds T	34.00	36.41	0.4	2	

**Women 70-74 200 Meter Dash**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Douglas, Avril	70	Kajaks Track		36.21	1.2		
2 Graf, Cherry	70	Kajaks Track		41.86	1.2		
3 Baldock, Lynette	70	Greyhounds T	56.00	49.60	1.2		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17**

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**Results**

**Women 75-79 200 Meter Dash**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Cheetham, Renate	79	Greyhounds T	56.00	56.39	1.2		

**Women 40-44 400 Meter Dash**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Chitul, Olesea	41	Greyhounds T	1:10.31	1:09.88	2		

**Women 50-54 400 Meter Dash**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Sieben, Karen	53	Unattached B		1:13.28	2		

**Women 55-59 400 Meter Dash**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Szybunka, Patty	59	NorWesters T	1:24.00	1:17.15	1		
2 Ordowski, Linda	56	Greyhounds T	1:19.00	1:20.58	2		

**Women 60-64 400 Meter Dash**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Bonin, Denise	61	Nanaimo & DI	1:21.00	1:21.68		

**Women 70-74 400 Meter Dash**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Douglas, Avril	70	Kajaks Track		1:22.49		
2 Graf, Cherry	70	Kajaks Track		1:37.95		
3 Baldock, Lynette	70	Greyhounds T	1:59.00	1:47.82		

**Women 75-79 400 Meter Dash**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Cheetham, Renate	79	Greyhounds T	2:14.00	2:15.55		

**Women 40-44 800 Meter Run**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Mackelvie, Kerry	43	Unattached	2:29.00	2:29.96	2		

**Women 50-54 800 Meter Run**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Everton, Nicola	51	Kootenay Cha	2:33.00	2:35.04	2		
2 Valente, Julie	50	Greyhounds T	3:33.00	3:29.95	2		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Women 55-59 800 Meter Run**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Wood, Janette	57	Greyhounds T	2:39.48	2:40.50	2		

**Women 60-64 800 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Sturgeon, Anne	61	Greyhounds T	3:15.00	3:18.39		

**Women 70-74 800 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Graf, Cherry	70	Kajaks Track		3:37.64		
2 Baldock, Lynette	70	Greyhounds T	3:05.00	4:07.66		

**Women 75-79 800 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Cheetham, Renate	79	Greyhounds T	5:08.00	5:15.32		

**Women 50-54 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Everton, Nicola	51	Kootenay Cha	5:14.00	5:23.13		
2 Montgomery, Carol	51	Unattached B		5:26.25		
3 Valente, Julie	50	Greyhounds T	7:20.00	7:16.00		

**Women 55-59 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Ordowski, Linda	56	Greyhounds T	6:18.00	6:16.06		

**Women 60-64 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Sharp, Suzanne	63	Greyhounds T	7:23.35	7:38.35		

**Women 70-74 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Graf, Cherry	70	Kajaks Track		7:35.34		
2 Baldock, Lynette	70	Greyhounds T	7:00.00	7:56.26		

**Women 75-79 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Cheetham, Renate	79	Greyhounds T	10:18.00	9:57.10		

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**6/16/17 to 6/18/17**

**Results**

**Women 85-89 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Montgomery, Lenore	86	Greyhounds T		9:32.37		

**Women 60-64 3000 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Sharp, Suzanne	63	Greyhounds T		15:57.72		

**Women 70-74 3000 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Baldock, Lynette	70	Greyhounds T		16:24.95		

**Women 75-79 3000 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Vickars, Karin	78	Greyhounds T		16:33.41		
1 Cheetham, Renate	79	Greyhounds T		21:05.26		

**Women 60-64 80 Meter Hurdles**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Moriyama, Naomi	63	Greyhounds T		20.27	0.8		
3 Cochrane, Nancy	64	Unattached B	17:02.00	23.35	0.8		

**Women 65-69 80 Meter Hurdles**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Hayley, Urith	65	Greyhounds T	17.40	18.59	0.8		
2 Lee, Deborah	66	Greyhounds T	17.90	22.61	0.8		

**Women 50-54 2000 Meter Steeplechase**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Stevens, Leslie	51	Greyhounds T	8:41.00	9:31.22	30"	

**Women 50-54 4x100 Meter Relay**

Team	Seed	Finals	Points	Alternate
1 Greyhounds Track & Field Club 'A'		1:02.52		
1) O'Brien Hugh, Cindy 58	2)			
3)	4) Ordowski, Linda 56			

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Women 55-59 4x400 Meter Relay**

Team	Seed	Finals	Points	Alternate
1 Greyhounds Track & Field Club 'A'		5:18.22		
1) O'Brien Hugh, Cindy 58	2) Whidden, Elaine 62			
3) Scott, Valerie 61	4) Ordowski, Linda 56			

**Women 50-54 High Jump**

Name	Age Team	Seed	Finals	Points	Alternate
1 Cockcroft, Jeannie	52 Ocean Athletics		1.50m		

**Women 55-59 High Jump**

Name	Age Team	Seed	Finals	Points	Alternate
1 Pomietlarz, Monica	58 Okanagan Ath		1.30m		
2 Cavani, Miriam	56 Kamloops Tra	1.30m	J1.30m		

**Women 60-64 High Jump**

Name	Age Team	Seed	Finals	Points	Alternate
1 Rhebergen, Margaret	61 Kamloops Tra	1.30m	1.30m		
1 Cochrane, Nancy	64 Unattached B	1.25m	1.05m		
2 Hendrie, Nola	61 Nanaimo & DI		0.90m		

**Women 60-64 Pole Vault**

Name	Age Team	Seed	Finals	Points	Alternate
1 Hendrie, Nola	61 Nanaimo & DI	1.70m	1.55m		

**Women 40-44 Long Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Chitul, Olesea	41 Greyhounds T	3.64m	3.88m	+0.0		

**Women 45-49 Long Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Robertson, Tamara	47 Universal AT		3.91m	0.2		
2 Wahl, Antje	46 West Vancouv		3.64m	+0.0		
3 Evans, Sharon	46 Greyhounds T	3.75m	3.57m	+0.0		

**Women 50-54 Long Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Cockcroft, Jeannie	52 Ocean Athletics		4.07m	+0.0		

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**Results****Women 55-59 Long Jump**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Cavani, Miriam	56	Kamloops Tra	4.21m	4.04m	+0.0		
2 Szybunka, Patty	59	NorWesters T	3.75m	3.97m	1.4		
3 O'Brien Hugh, Cindy	58	Greyhounds T	3.65m	3.83m	0.4		

**Women 60-64 Long Jump**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Rhebergen, Margaret	61	Kamloops Tra	3.85m	4.06m	0.5		
2 Bonin, Denise	61	Nanaimo & DI	3.16m	3.01m	0.2		
3 Hendrie, Nola	61	Nanaimo & DI	3.13m	2.76m	1.3		

**Women 65-69 Long Jump**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Lee, Deborah	66	Greyhounds T	3.45m	3.31m	0.2		

**Women 45-49 Triple Jump**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Evans, Sharon	46	Greyhounds T	7.75m	7.65m	-0.1		

**Women 55-59 Triple Jump**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Szybunka, Patty	59	NorWesters T	8.60m	8.36m	+0.0		

**Women 60-64 Triple Jump**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Rhebergen, Margaret	61	Kamloops Tra	8.27m	8.30m	NWI		

**Women 65-69 Triple Jump**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Lee, Deborah	66	Greyhounds T	7.50m	6.84m	-0.6		

**Women 40-44 Shot Put 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Chitul, Olesea	41	Greyhounds T		7.90m		
2 Carlos, Nicole	43	Okanagan Ath		7.89m		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Women 55-59 Shot Put 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Pomietlarz, Monica	58	Okanagan Ath	10.50m	9.78m		
2 Kennedy, Ruth	55	Greyhounds T	6.81m	6.72m		

**Women 60-64 Shot Put 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Hendrie, Nola	61	Nanaimo & DI		5.96m		
2 Essex, Joyce	60	Greyhounds T	5.51m	5.24m		

**Women 65-69 Shot Put 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Hare, Rose	68	Ultra Throw		8.25m		
2 Benz, Marilyn	67	Okanagan Ath		7.81m		
3 Closkey, Cheryl	69	Unattached B		6.74m		

**Women 70-74 Shot Put 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Moro, Gabriella	70	Ultra Throw		7.56m		

**Women 40-44 Discus Throw 3K**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Carlos, Nicole	43	Okanagan Ath	30.00m	31.55m		
2 Jogmohan, K	44	Unattached		11.96m		

**Women 50-54 Discus Throw 3K**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Cockcroft, Jeannie	52	Ocean Athletics		23.08m		

**Women 55-59 Discus Throw 3K**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Pomietlarz, Monica	58	Okanagan Ath	24.00m	25.29m		

**Women 60-64 Discus Throw 3K**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Hendrie, Nola	61	Nanaimo & DI		14.82m		
2 Moriyama, Naomi	63	Greyhounds T	12.53m	14.02m		
3 Essex, Joyce	60	Greyhounds T	14.56m	13.69m		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Women 65-69 Discus Throw 3K**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Hare, Rose	68	Ultra Throw		23.70m		
2 Closkey, Cheryl	69	Unattached B		22.81m		
3 Benz, Marilyn	67	Okanagan Ath		18.46m		

**Women 70-74 Discus Throw 3K**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Moro, Gabriella	70	Ultra Throw		21.87m		

**Women 40-44 Hammer Throw 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Kaur, Hardeep	40	Valley Royal		48.62m		
2 Carlos, Nicole	43	Okanagan Ath	28.00m	30.95m		

**Women 50-54 Hammer Throw 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Wong, Celina	54	Ultra Throw		29.29m		

**Women 55-59 Hammer Throw 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
2 Kennedy, Ruth	55	Greyhounds T	24.35m	25.37m		

**Women 60-64 Hammer Throw 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Essex, Joyce	60	Greyhounds T	16.83m	18.24m		

**Women 65-69 Hammer Throw 3k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Hare, Rose	68	Ultra Throw		30.33m		
2 Closkey, Cheryl	69	Unattached B		25.95m		
3 Benz, Marilyn	67	Okanagan Ath		21.57m		

**Women 40-44 Javelin Throw 500g**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Carlos, Nicole	43	Okanagan Ath	27.00m	27.38m		
2 Chitul, Olesea	41	Greyhounds T		20.01m		
3 Jogmohan, K	44	Unattached		10.40m		



**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Women 55-59 Javelin Throw 500g**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Pomietlarz, Monica	58	Okanagan Ath	25.00m	25.84m		

**Women 60-64 Javelin Throw 500g**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Scott, Valerie	61	Greyhounds T		19.04m		
2 Moriyama, Naomi	63	Greyhounds T	11.90m	18.10m		
2 Essex, Joyce	60	Greyhounds T	11.03m	10.62m		

**Women 65-69 Javelin Throw 500g**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Benz, Marilyn	67	Okanagan Ath		23.55m		
2 Hare, Rose	68	Ultra Throw		20.10m		
3 Closkey, Cheryl	69	Unattached B		17.54m		

**Women 40-44 Weight Throw 545k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Carlos, Nicole	43	Okanagan Ath		9.94m		

**Women 55-59 Weight Throw 545k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Graham, Lori	58	Greyhounds T	6.41m	5.31m		

**Women 60-64 Weight Throw 545k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Essex, Joyce	60	Greyhounds T	6.46m	6.23m		

**Women 65-69 Weight Throw 545k**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Hare, Rose	68	Ultra Throw		11.84m	7.26	
2 Closkey, Cheryl	69	Unattached B		11.14m		
3 Benz, Marilyn	67	Okanagan Ath		8.77m		

**Women 55-59 3000 Meter Race Walk**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Graham, Lori	58	Greyhounds T	25:37.62	24:31.44		

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**Women 60-64 3000 Meter Race Walk**

Name	Age Team	Seed	Finals	Points	Alternate
1 Sharp, Suzanne	63 Greyhounds T	19:49.53	19:45.24		

**Women 75-79 3000 Meter Race Walk**

Name	Age Team	Seed	Finals	Points	Alternate
1 Cheetham, Renate	79 Greyhounds T		24:58.47		

**Men 40-44 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Johnson, Marvin	43 Greyhounds T	11.75	11.69	1.1	5	
2 Naude, Steyn	43 Unattached B	12.49	13.11	1.1	5	
3 Bienefeld, Andy	42 Unattached		14.10	0.9	2	

**Men 45-49 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Walker, Samuel	45 Greyhounds T	12.40	12.66	1.1	5	
2 Harrower, Will	45 Unattached B	12.45	13.17	1.1	5	
3 Smith, Robert	48 Greyhounds T	13.45	13.92	1.1	5	

**Men 50-54 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Colbert, Steven	52 Greyhounds T	12.41	12.37	0.2	4	
2 Aujla, Jess	52 Greyhounds T		13.02	0.2	4	
3 Johnson, Dean	53 Pen		14.22	1.2	3	
4 Chattu, Palwinder	51 Deerfoot Ath		14.27	0.2	4	
5 Lawson, Wayne	54 West Vancouv	14.78	14.76	1.2	3	
6 Robinsmith, Joe	54 Royal City T	15.41	16.96	1.2	3	

**Men 55-59 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Woods, Jorge	58 Greyhounds T	13.75	13.56	1.2	3	
2 Hill, Joseph	58 Greyhounds T	13.50	13.66	1.2	3	
3 Todd, Michael	58 West Vancouv	14.62	13.77	1.2	3	

**Men 60-64 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Wall, David	61 Greyhounds T	14.18	14.45	0.9	2	
2 Liu, Edwin	60 Greyhounds T	14.25	14.62	0.9	2	
3 Dove, Terry	60 Unattached B	14.50	14.77	0.9	2	

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Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Sandhu, Hardev Singh	68 Greyhounds T	14.75	14.85	0.9	2	

**Men 70-74 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Ukonmaanaho, Tuomas	72 Prince Georg	14.45	14.41	1.4	1	
2 Chahal, Amarjit	70 Greyhounds T	15.25	15.59	1.4	1	
3 Birring, Sewa	71 Greyhounds T		16.18	1.2	3	
4 Shah, Surinder	73 Greyhounds T	15.35	16.53	1.4	1	

**Men 75-79 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Thompson, Lynn	77 Unattached B	17.00	16.99	1.4		
2 McNamara, Bill	75 Greyhounds T	17.00	17.77	1.4		

**Men 80-84 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Giegerich, Joe	84 Nanaimo & DI	20.00	20.18	1.4		

**Men 85-89 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Thiessen, Ike	88 Vancouver TH		24.69	1.4		

**Men 40-44 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Johnson, Marvin	43 Greyhounds T	23.99	23.82	-1.2	4	
2 Bienefeld, Andy	42 Unattached		29.49	-1.2	4	

**Men 45-49 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Walker, Samuel	45 Greyhounds T	24.92	25.77	-1.2	4	
2 Harrower, Will	45 Unattached B	25.98	26.95	-1.2	4	
3 Smith, Robert	48 Greyhounds T	27.40	29.02	-1.2	4	

**Men 50-54 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Colbert, Steven	52 Greyhounds T	26.42	25.42	-1.1	3	
2 Bradecamp, Michael	52 Greyhounds T	25.94	25.59	-1.1	3	
3 Aujla, Jess	52 Greyhounds T		26.37	-1.1	3	
4 Markey, Scott	50 Chilliwack T		26.69	-1.1	3	

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**Results**

**...Men 50-54 200 Meter Dash**

5 Sturgeon, Michael                      54 Greyhounds T                      30.00                      31.80                      -1.1                      3

**Men 55-59 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Woods, Jorge	58 Greyhounds T	27.95	27.64	-0.8	2	
2 Hill, Joseph	58 Greyhounds T	27.89	28.13	-0.8	2	
3 Codville, Bill	56 West Vancouv	30.00	29.50	-1.1	3	

**Men 60-64 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 Wall, David	61 Greyhounds T	29.19	29.57	-0.8	2	
2 Dove, Terry	60 Unattached B	30.50	30.57	-0.8	2	
3 Kang, Harjinder	62 Greyhounds T	32.50	33.50	-0.8	2	
3 Kocourek, Vince	64 Elite Track	31.71	33.65	-1.7	1	

**Men 65-69 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind H#	Points	Alternate
1 ???, ???	65 Unattached		29.49	-1.1	3	
2 Sandhu, Hardev Singh	68 Greyhounds T	30.50	30.71	-1.7	1	

**Men 70-74 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Ukonmaanaho, Tuomas	72 Prince Georg	29.80	30.26	-1.7		
2 Shah, Surinder	73 Greyhounds T	33.00	34.70	-1.7		

**Men 75-79 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 McNamara, Bill	75 Greyhounds T	35.00	37.33	-1.7		

**Men 35-39 400 Meter Dash**

Name	Age Team	Seed	Finals	H#	Points	Alternate
1 Van Tongeren, Chad	36 Unattached B	54:06.00	54.68	3		

**Men 40-44 400 Meter Dash**

Name	Age Team	Seed	Finals	H#	Points	Alternate
1 Johnson, Marvin	43 Greyhounds T	53.53	52.79	3		
2 Bienefeld, Andy	42 Unattached		1:06.16	1		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Men 50-54 400 Meter Dash**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Galo, Alex	51	Greyhounds T	1:02.50	1:02.35	3		
2 Johnson, Dean	53	Pen		1:06.72	3		
3 Chattu, Palwinder	51	Deerfoot Ath		1:16.63	3		

**Men 55-59 400 Meter Dash**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Codville, Bill	56	West Vancouv	1:07.00	1:04.90	2		
2 Briggeman, Steve	57	Okanagan Run	1:06.00	1:09.64	2		
3 Woods, Jorge	58	Greyhounds T	1:08.00	1:12.66	2		

**Men 60-64 400 Meter Dash**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Wall, David	61	Greyhounds T	1:03.87	1:06.83	2		
2 Kang, Harjinder	62	Greyhounds T	1:15.00	1:15.63	2		

**Men 65-69 400 Meter Dash**

Name	Age	Team	Seed	Finals	Points	Alternate
1 ???, ???	65	Unattached		1:05.11		
2 Riggins, Terry	69	Nanaimo & DI	1:17.00	1:13.62		
3 Hendrie, Tim	66	Nanaimo & DI	1:32.99	1:32.21		

**Men 70-74 400 Meter Dash**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Ukonmaanaho, Tuomas	72	Prince Georg	1:13.00	1:13.60		
2 Winfield, M. John	70	Greyhounds T	1:13.00	1:16.55		

**Men 40-44 800 Meter Run**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Brown, Jeremy	40	Unattached B	2:12.00	2:14.28	2		

**Men 45-49 800 Meter Run**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Titov, Mikhail	49	Vancouver Fa	2:20.00	2:22.34	2		

**Men 50-54 800 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
2 Grimes, Douglas	54	NorWesters T	2:53.00	2:48.19		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Men 55-59 800 Meter Run**

Name	Age	Team	Seed	Finals	H#	Points	Alternate
1 Smillie, Malcolm	57	Ubc Okanagan Heat	2:28.00	2:37.55	2		

**Men 60-64 800 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Sharp, Kelly	63	Greyhounds T	2:55.83	2:48.49		
2 Kang, Harjinder	62	Greyhounds T	2:50.50	3:05.73		

**Men 65-69 800 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Riggins, Terry	69	Nanaimo & DI	2:50.00	2:53.01		

**Men 70-74 800 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Gee, Arthur	73	Greyhounds T	3:50.00	4:36.16		

**Men 40-44 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Brown, Jeremy	40	Unattached B	4:29.30	4:36.39		

**Men 45-49 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Cressman, Dave	48	Unattached B	4:40.00	4:43.32		
2 Titov, Mikhail	49	Vancouver Fa	4:53.00	4:45.39		

**Men 50-54 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
2 Grimes, Douglas	54	NorWesters T	5:49.00	5:54.58		

**Men 55-59 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Briggeman, Steve	57	Okanagan Run	5:19.00	5:24.16		

**Men 60-64 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Sharp, Kelly	63	Greyhounds T	6:04.80	6:06.43		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Men 65-69 1500 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Riggins, Terry	69	Nanaimo & DI	5:45.66	5:53.53		

**Men 55-59 3000 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Briggeman, Steve	57	Okanagan Run	11:26.00	11:38.71		

**Men 60-64 3000 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Sharp, Kelly	63	Greyhounds T	13:17.25	13:04.96		
2 Wichmann, Ron	61	Chilliwack T		13:20.49		

**Men 70-74 3000 Meter Run**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Gee, Arthur	73	Greyhounds T	24:00.00	19:43.65		

**Men 70-74 80 Meter Hurdles**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Shah, Surinder	73	Greyhounds T	19.50	20.52	0.8		

**Men 75-79 80 Meter Hurdles**

Name	Age	Team	Seed	Finals	Wind	Points	Alternate
1 Thompson, Lynn	77	Unattached B	19.90	19.12	0.8		

**Men 65-69 300 Meter Hurdles**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Sandhu, Hardev Singh	68	Greyhounds T	59.25	1:14.39		

**Men 50-54 400 Meter Hurdles**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Chattu, Palwinder	51	Deerfoot Ath		1:25.84		

**Men 40-44 3000 Meter Steeplechase**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Babenko, Dmitry	44	Unattached B		12:57.03	36"	
2 Larin, Mihail	44	Unattached B		18:33.63	36"	

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Men 40-44 4x100 Meter Relay**

Team	Seed	Finals	Points	Alternate
1 Greyhounds Track & Field Club 'A'		50.68		
1) Walker, Samuel 45	2) Smith, Robert 48			
3)	4) Johnson, Marvin 43			

**Men 50-54 4x100 Meter Relay**

Team	Seed	Finals	Points	Alternate
1 Greyhounds Track & Field Club 'A'		55.50		
1) Aujla, Jess 52	2) Galo, Alex 51			
3)	4) Woods, Jorge 58			

**Men 70-74 4x100 Meter Relay**

Team	Seed	Finals	Points	Alternate
1 Greyhounds Track & Field Club 'A'		1:07.90		
1) Chahal, Amarjit 70	2) Shah, Surinder 73			
3) Birring, Sewa 71	4) Winfield, M. John 70			

**Men 40-44 High Jump**

Name	Age Team	Seed	Finals	Points	Alternate
1 Bienefeld, Andy	42 Unattached		1.35m		

**Men 55-59 High Jump**

Name	Age Team	Seed	Finals	Points	Alternate
1 Niwinski, Chris	59 Ocean Athletics	1.55m	1.60m		
1 Codville, Bill	56 West Vancouv		1.30m		

**Men 60-64 High Jump**

Name	Age Team	Seed	Finals	Points	Alternate
2 Dickey, David	63 Greyhounds T	1.30m	1.20m		

**Men 65-69 High Jump**

Name	Age Team	Seed	Finals	Points	Alternate
1 Donaldson, Sven	67 Nanaimo & DI	1.35m	1.30m		
2 Ullis, David	68 Ultra Throw	1.20m	1.20m		
3 Hendrie, Tim	66 Nanaimo & DI		0.95m		

**Men 70-74 High Jump**

Name	Age Team	Seed	Finals	Points	Alternate
1 Ukonmaanaho, Tuomas	72 Prince Georg		1.20m		



**2017 Langley Pacific Meet - 6/16/17 to 6/18/17**

6/16/17 to 6/18/17

**Results****Men 80-84 High Jump**

Name	Age Team	Seed	Finals	Points	Alternate
1 Giegerich, Joe	84 Nanaimo & DI	1.00m	1.00m		

**Men 45-49 Pole Vault**

Name	Age Team	Seed	Finals	Points	Alternate
1 Smith, Kevin	48 Royal City T		2.75m		
2 Walker, Samuel	45 Greyhounds T		1.75m		

**Men 50-54 Pole Vault**

Name	Age Team	Seed	Finals	Points	Alternate
1 Van Ryswyk, Len	53 Ocean Athletics		3.45m		
2 Poljak, Gordan	53 Vancouver TH		2.95m		

**Men 60-64 Pole Vault**

Name	Age Team	Seed	Finals	Points	Alternate
1 Dickey, David	63 Greyhounds T		1.95m		
2 Liu, Edwin	60 Greyhounds T		1.55m		
-- Fisher, Bill	63 Vancouver TH		NH		

**Men 65-69 Pole Vault**

Name	Age Team	Seed	Finals	Points	Alternate
1 Donaldson, Sven	67 Nanaimo & DI		2.40m		

**Men 70-74 Pole Vault**

Name	Age Team	Seed	Finals	Points	Alternate
1 Ukonmaanaho, Tuomas	72 Prince Georg		2.40m		

**Men 80-84 Pole Vault**

Name	Age Team	Seed	Finals	Points	Alternate
1 Giegerich, Joe	84 Nanaimo & DI		1.35m		

**Men 50-54 Long Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Poljak, Gordan	53 Vancouver TH	4.50m	4.40m	1.3		
2 Lawson, Wayne	54 West Vancouv	4.33m	4.34m	1.2		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Men 55-59 Long Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Lloyd, Rick	57 Golden Ears	4.54m	4.54m	0.1		

**Men 65-69 Long Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Ulis, David	68 Ultra Throw	3.70m	3.45m	+0.0		
2 Donaldson, Sven	67 Nanaimo & DI	3.42m	3.36m	NWI		

**Men 70-74 Long Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Toor, Harnek	70 Ultra Throw		3.92m	-0.4		
2 Gee, Arthur	73 Greyhounds T	3.40m	3.41m	-0.2		
3 Shah, Surinder	73 Greyhounds T	3.75m	2.99m	+0.0		
4 Krewenchuk, Spencer	72 Greyhounds T		2.54m	1.2		

**Men 75-79 Long Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Thompson, Lynn	77 Unattached B	3.30m	3.23m	1.1		

**Men 80-84 Long Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Giegerich, Joe	84 Nanaimo & DI	2.60m	2.50m	0.1		

**Men 55-59 Triple Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Lloyd, Rick	57 Golden Ears	9.50m	8.90m	+0.0		

**Men 65-69 Triple Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Donaldson, Sven	67 Nanaimo & DI		8.11m	+0.0		

**Men 70-74 Triple Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Toor, Harnek	70 Ultra Throw		8.05m	+0.0		
2 Gee, Arthur	73 Greyhounds T	6.50m	6.89m	+0.0		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Men 75-79 Triple Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Thompson, Lynn	77 Unattached B	7.30m	6.84m	+0.0		

**Men 80-84 Triple Jump**

Name	Age Team	Seed	Finals	Wind	Points	Alternate
1 Giegerich, Joe	84 Nanaimo & DI	5.80m	5.65m	+0.0		

**Men 40-44 Shot Put**

Name	Age Team	Seed	Finals	Points	Alternate
1 Vannini, Phillip	42 Nanaimo & DI		9.34m		

**Men 45-49 Shot Put**

Name	Age Team	Seed	Finals	Points	Alternate
1 Wiebe, Shane	47 Kamloops Tra		12.48m		
2 Harrower, Will	45 Unattached B		9.34m		

**Men 50-54 Shot Put**

Name	Age Team	Seed	Finals	Points	Alternate
1 Czekajlo, Rafal	51 Unattached B		11.34m		
2 Frenkel, Brad	52 Prince Georg		9.23m		
3 Sturgeon, Michael	54 Greyhounds T		8.83m		

**Men 55-59 Shot Put**

Name	Age Team	Seed	Finals	Points	Alternate
1 Durgo, Zoltan	56 Kajaks Track		8.87m		
2 Eedy, Darrell	57 Unattached B		7.82m		

**Men 60-64 Shot Put**

Name	Age Team	Seed	Finals	Points	Alternate
1 Deady, Michael	63 Unattached B		10.95m		
2 Natale, Andrew	61 Ultra Throw		9.76m		

**Men 65-69 Shot Put**

Name	Age Team	Seed	Finals	Points	Alternate
1 Bains, Mohan	66 Ultra Throw		9.83m		
2 Essex, Alan	65 Greyhounds T		9.75m		
3 Hendrie, Tim	66 Nanaimo & DI		4.80m		

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Men 70-74 Shot Put**

Name	Age Team	Seed	Finals	Points	Alternate
1 Toor, Harnek	70 Ultra Throw		11.15m		
2 Townsend, Ken	72 Unattached B		9.48m		

**Men 75-79 Shot Put**

Name	Age Team	Seed	Finals	Points	Alternate
1 Dhillon, Bakhshish	78 Greyhounds T		8.24m		

**Men 90 Shot Put Para**

Name	Age Team	Seed	Finals	Points	Alternate
1 Darling, Dakota	27 Wheelchair		7.57m		
2 Solla, Eddy	22 Wheelchair		6.98m		

**Men 40-44 Discus Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Vannini, Phillip	42 Nanaimo & DI	38.22m	39.00m	2k	

**Men 45-49 Discus Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Wiebe, Shane	47 Kamloops Tra	37.62m	36.51m	2k	

**Men 50-54 Discus Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Czekajlo, Rafal	51 Unattached B	34.78m	36.74m	1.50k	
2 Larsen, Hedley	52 Vernon Amate	37.30m	35.43m	1.50	
2 Arthur, Andrew	54 Ultra Throw	36.00m	29.88m	1.50k	
3 Frenkel, Brad	52 Prince Georg	31.19m	28.76m	1.50k	

**Men 55-59 Discus Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Durgo, Zoltan	56 Kajaks Track	33.40m	33.99m	1.50k	
3 Hill, Joseph	58 Greyhounds T	27.54m	26.34m	1.50k	
4 Eedy, Darrell	57 Unattached B		23.84m	1.50	

**Men 60-64 Discus Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Deady, Michael	63 Unattached B		41.60m	1k	
2 Natale, Andrew	61 Ultra Throw	30.00m	28.31m	1k	
3 Kang, Harjinder	62 Greyhounds T	25.75m	22.58m	1k	

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Men 65-69 Discus Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Essex, Alan	65	Greyhounds T	34.54m	35.89m	1k	
2 Ulis, David	68	Ultra Throw	34.30m	32.41m	1k	
3 Bains, Mohan	66	Ultra Throw		29.38m	1k	
4 Hendrie, Tim	66	Nanaimo & DI		14.09m	1k	

**Men 70-74 Discus Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Foster, Bruce	71	Unattached Alberta		38.83m	1k	
2 Toor, Harnek	70	Ultra Throw		33.44m	1k	
3 Townsend, Ken	72	Unattached B	33.53m	29.64m	1k	
4 Gee, Arthur	73	Greyhounds T	23.00m	23.28m	1k	

**Men 75-79 Discus Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Dhillon, Bakhshish	78	Greyhounds T	27.75m	25.59m	1k	

**Men 50-54 Hammer Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Frenkel, Brad	52	Prince Georg	32.01m	29.80m	6k	
3 Arthur, Andrew	54	Ultra Throw	34.00m	29.59m	6k	

**Men 55-59 Hammer Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Holly, Cory	59	Unattached B	40.00m	39.42m	6k	
2 Durgo, Zoltan	56	Kajaks Track	34.37m	31.48m	6k	

**Men 60-64 Hammer Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Dickey, David	63	Greyhounds T	16.31m	19.19m	5k	

**Men 65-69 Hammer Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Bains, Mohan	66	Ultra Throw		31.09m	5k	
2 Sandhu, Hardev Singh	68	Greyhounds T	31.10m	27.80m	5k	
3 Ulis, David	68	Ultra Throw	28.89m	27.76m	5k	

**Men 70-74 Hammer Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Mathews, George	73	Unattached	43.00m	40.91m	4k	

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17**

**6/16/17 to 6/18/17**

**Results**

**...Men 70-74 Hammer Throw**

2	Toor, Harnek	70	Ultra Throw		32.38m	4k
3	Townsend, Ken	72	Unattached B	31.30m	29.65m	4k

**Men 75-79 Hammer Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Dhillon, Bakhshish	78	Greyhounds T	32.25m	25.77m	4k	

**Men 80-84 Hammer Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 McDonald, Bruce	83	Unattached B	23.35m	19.01m	3k	

**Men 45-49 Javelin Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Wiebe, Shane	47	Kamloops Tra		45.86m	800g	
2 Harrower, Will	45	Unattached B		36.20m	800g	

**Men 50-54 Javelin Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Carroll, Ray	53	Greyhounds T		35.78m	700g	
1 Arthur, Andrew	54	Ultra Throw		34.66m	700g	

**Men 55-59 Javelin Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
2 Eedy, Darrell	57	Unattached B		21.08m	700g	

**Men 60-64 Javelin Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Hodgson, John	62	Ultra Throw		35.53m	600g	

**Men 65-69 Javelin Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Ullis, David	68	Ultra Throw		32.91m	600g	

**Men 70-74 Javelin Throw**

Name	Age	Team	Seed	Finals	Points	Alternate
1 Ukonmaanaho, Tuomas	72	Prince Georg		33.10m	500g	
2 Toor, Harnek	70	Ultra Throw		32.68m	500g	
3 Townsend, Ken	72	Unattached B		28.53m	500g	

**2017 Langley Pacific Meet - 6/16/17 to 6/18/17****6/16/17 to 6/18/17****Results****Men 75-79 Javelin Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Dhillon, Bakhshish	78 Greyhounds T		22.58m	500g	

**Men 45-49 Weight Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Wiebe, Shane	47 Kamloops Tra		10.35m	15.88	
2 Harrower, Will	45 Unattached B		8.34m	15.88	

**Men 50-54 Weight Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Arthur, Andrew	54 Ultra Throw		12.09m	11.34	
1 Frenkel, Brad	52 Prince Georg		11.12m	11.34	

**Men 55-59 Weight Throw**

Name	Age Team	Seed	Finals	Points	Alternate
2 Durgo, Zoltan	56 Kajaks Track		10.70m	11.34	

**Men 65-69 Weight Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Bains, Mohan	66 Ultra Throw		12.43m	9.08	
2 Sandhu, Hardev Singh	68 Greyhounds T		12.17m	9.08	
3 Ullis, David	68 Ultra Throw		11.20m		

**Men 70-74 Weight Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Mathews, George	73 Unattached		17.90m	7.26	
2 Toor, Harnek	70 Ultra Throw		14.43m	7.26	
3 Townsend, Ken	72 Unattached B		13.40m	7.26	
4 Shah, Surinder	73 Greyhounds T		9.65m	7.26	

**Men 75-79 Weight Throw**

Name	Age Team	Seed	Finals	Points	Alternate
1 Dhillon, Bakhshish	78 Greyhounds T		11.82m	7.26	

**Men 40-44 3000 Meter Race Walk**

Name	Age Team	Seed	Finals	Points	Alternate
1 Babenko, Dmitry	44 Unattached B		12:57.03		
2 Larin, Mihail	44 Unattached B		18:33.63		