

DYLAN ARMSTRONG CLASSIC - KAMLOOPS MAY 5-6, 2017

Another **WORLD RECORD** for **CHRISTA!**

At the Dylan Armstrong Classic Meet in Kamloops, Christa Bortignon broke the W80 World Record in the Triple jump. Last weekend in Eugene, Christa had improved the Outdoor world record in the Triple jump to 6.81 metres. This Saturday, Christa triple jumped 6.95m on her 2nd attempt and then 7.16m on her 3rd attempt. She did not take her remaining 3 jumps. Current listed WR is 6.55m.

Earlier in the day, Christa had broken the Canadian records in the W80 100m (17.14) and 200m (37.00). The current listed world records in these events are: 100m (16.81) and 200m (36.80). Christa has an excellent chance to break these world records later in the season.

On Friday night Christa competed in the 200m hurdles and broke the Canadian record with a time of 46.64.

Hardev Sandhu also had a great meet in Kamloops. Hardev had 3 personal bests in the M65 100m (14.76), 200m (30.97) and Hammer throw (29.44m). He also won gold in the Weight throw (Note that Hardev had a personal best "13.44m and only 3 cm off the BC record" in the weight throw two weeks earlier at the South Fraser Meet). It seems that Hardev has finally recovered from his ruptured Achilles tendon that he suffered two years ago while running the 200 metres at the BC Seniors Games.

Christa (5 gold medals)

100m	17.14 (1.6)	CR
200m	37.00 (1.1)	CR
200m Hurdles	46.64 (-0.5)	CR
Triple jump	7.16m (-0.9)	WR
Long jump	2.93 (0.0)	

Hardev (4 gold medals)

100m	14.76 (0.8)	PB
200m	30.97 (1.2)	PB
Hammer throw	29.44m	PB
Weight throw	11.75m	