

2015 BC MASTERS INDOOR TRACK AND FIELD RECORDS
(NEW RECORDS SET IN 2015 – 44 BC plus 1 tie, 13 CR, 0 WR)
(7 Notable Performances in 50M & 50M Hurdles - non WMA events)

*All Indoor records ratified by the BCA Masters committee on April 01, 2015)

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
50M						
M60	7.19	Al Percival	63	14/03/15	Toronto, ON	CR
M65	7.85	Hardev Sandhu	66	14/03/15	Toronto, ON	
W35	7.34	Natasha Bacchus	37	14/03/15	Toronto, ON	
W60	9.07	Deborah Lee	64	14/03/15	Toronto, ON	
W75	8.64	Christa Bortignon	78	14/03/15	Toronto, ON	CR
60M						
M85	10.68	Norm Lesage	85	07/02/15	Richmond, BC	CR
	11.10	Norm Lesage	85	14/02/15	Kamloops, BC	CR
W35	8.47	Natasha Bacchus	37	14/02/15	Kamloops, BC	
	8.43	Natasha Bacchus	37	15/03/15	Toronto, ON	
W55	9.39	Margaret Rhebergen	59	14/02/15	Kamloops, BC	
200M						
M70	30.75	Tom Ukonmaanaho	70	15/02/15	Kamloops, BC	
M85	39.76	Norm Lesage	85	15/02/15	Kamloops, BC	CR
400M						
M40	56.82	Sam Walker	43	14/02/15	Kamloops, BC	
M85	1:38.16	Norm Lesage	85	14/02/15	Kamloops, BC	
800M						
M50	2:14.29	Mark Pinckard	54	15/03/15	Toronto, ON	
M70	2:58.41	Mark Stewart	70	15/02/15	Kamloops, BC	
W65	3:44.83	Lynette Baldock	68	15/02/15	Kamloops, BC	
1500M						
M70	6:14.26	Mark Stewart	70	14/02/14	Kamloops, BC	
W50	5:27.29	Juliette Christie	52	14/02/15	Kamloops, BC	
	5:15.89	Juliette Christie	52	14/03/14	Toronto, ON	
W65	7:25.42	Lynette Baldock	68	14/02/15	Kamloops, BC	
3000M						
M70	13:15.21	Mark Stewart	70	13/02/15	Kamloops, BC	
W50	11:29.52	Juliette Christie	52	13/02/15	Kamloops, BC	
	11:15.60	Juliette Christie	52	15/03/15	Toronto, ON	
50M HURDLES						
W60	11.14	Deborah Lee	64	15/03/15	Toronto, ON	
W75	11.52	Christa Bortignon	78	15/03/15	Toronto, ON	CR
4 x 200M RELAY						
M45	2:05.02	Jorge Woods (55), Mark Phillips (49) Surinder Shah (71), Branko Zurkovic (49)		07/02/15	Richmond, BC	
M70	2:19.16	Surinder Shah (71), Mark Stewart (70) Bill McNamara (73), Tom Ukonmaanaho (70)		15/02/15	Kamloops, BC	CR
W65	2:54.30	Lynette Baldock (68), Gabriella Moro (68) Winni MacKay-Smith (73), Christa Bortignon (78)		15/02/15	Kamloops, BC	CR
4 x 400M RELAY						
M45	5:05.38	Mark Phillips (49), Gordon Flett (54) Harjinder Kang (60), Steve Briggeman (55)		14/02/15	Kamloops, BC	
M70	5:12.10	Surinder Shah (71), Bill McNamara (73) Tom Ukonmaanaho(70), Mark Stewart (70)		14/02/15	Kamloops, BC	CR

W45 6:03.24 Cindy O'Brien Hugh (56), Kathy Friesen (55) 14/02/15 Kamloops, BC
 Winni MacKay-Smith (73), Nicola Everton (49)

LONG JUMP

M70 3.49 Surinder Shah 71 15/02/15 Kamloops, BC
 W60 3.38 Deborah Lee 64 15/02/15 Kamloops, BC

TRIPLE JUMP

M70 6.49 Arthur Gee 71 14/02/15 Kamloops, BC
 M90 3.34 Harry Thompson 92 14/02/15 Kamloops, BC
 W45 6.88 Rachel Fouladi 47 14/02/15 Kamloops, BC
 W60 7.24 Deborah Lee 64 15/03/15 Toronto, ON

HIGH JUMP

M65 1.39 Heinz Peter 66 14/02/15 Kamloops, BC
 M70 1.20 tie Tom Ukonmaanaho 70 14/02/15 Kamloops, BC
 W55 1.34 Margaret Rhebergen 59 14/02/15 Kamloops, BC **CR**
 W60 1.15 Deborah Lee 64 15/03/15 Toronto, ON

POLE VAULT

M80 2.12 Gerard Dumas 80 26/03/15 Victoria, BC **CR**
 W45 2.75 Nancy Craig 49 07/02/15 Richmond, BC

SHOT PUT

M40 11.32 Phillip Vannini 40 07/02/15 Richmond, BC
 W65 8.45 Gabriella Moro 68 15/02/15 Kamloops, BC

WEIGHT THROW

M45 8.78 Jody Cranston 45 13/02/15 Kamloops, BC
 M65 12.62 Harnek Toor 68 13/02/15 Kamloops, BC

1500M RACEWALK

M70 10:36.12 Arthur Gee 71 14/02/15 Kamloops, BC
 M80 10:44.45 Don Currie 81 14/02/15 Kamloops, BC **CR**
 M90 19:20.25 Harry Thompson 92 14/02/15 Kamloops, BC **CR**
 W45 9:51.58 Rachel Fouladi 47 14/02/15 Kamloops, BC
 W55 12:12.06 Lori Graham 56 14/02/15 Kamloops, BC

3000M RACEWALK

M70 21:34.77 Arthur Gee 71 13/02/15 Kamloops, BC
 M80 21:31.36 Don Currie 81 13/02/15 Kamloops, BC **CR**
 W45 20:24.82 Rachel Fouladi 47 13/02/15 Kamloops, BC

CR Betters listed Canadian record

WR Betters listed World record