

BC MASTERS OUTDOOR TRACK AND FIELD RECORDS
NEW RECORDS SET IN 2006 (57 BC + 3 tie, 20 CR, 1 WR)

GREYHOUNDS IN RED

100M

M65	13.31	1.9	Herb Gee	65	24/06/06	Eugene, OR	CR
M70	14.40	-0.1	Andy Aadmi	70	22/07/06	Dieppe, NB	
W60	15.37	-2.8	Avril Douglas	60	24/08/06	Abbotsford, BC	

200M

M65	28.03	1.8	Herb Gee	65	25/06/06	Eugene, OR
M70	29.70	0.3	Andy Aadmi	70	23/07/06	Dieppe, NB
W60	31.24	-1.7	Avril Douglas	60	26/08/06	Abbotsford, BC

400M

W60	1:09.57		Avril Douglas	60	25/08/06	Abbotsford, BC
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800M

M35	1:54.02		Mark Knoop	39	17/06/06	Victoria, BC	CR
W60	2:49.39		Avril Douglas	60	26/08/06	Abbotsford, BC	

1500M

M65	5:01.46		Herb Phillips	66	01/08/06	Burnaby, BC
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3000M

M45	8:56.62		Rob Lonergan	47	11/07/06	Burnaby, BC
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5000M

M65	18:30.06		Herb Phillips	66	25/07/06	Burnaby, BC
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10000M

W75	54:12.57		Lenore Montgomery	76	21/07/06	Dieppe, NB	CR
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100M HURDLES

M60	17.24	-2.3	Warren Hamil	60	17/06/06	Langley, BC	CR
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4 X 100M RELAY

M75	1:06.15		L Robson (79), I Thiessen (77) N Lesage (76), P Lefebure (75)		24/08/06	Abbotsford, BC	CR
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W55	1:07.24		L Paulic (61), M Berg (58) U Hayley (55), B Clark (58)		26/08/06	Abbotsford, BC
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W60	1:05.50		L Paulic (61), L Reed (71) M Radcliffe (64), A Doublas (60)		24/08/06	Abbotsford, BC	CR
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W80	1:59.77		A Fleming (87), O Walker (89) O Kotelko (87), D McLeod-Smith (81)		24/08/06	Abbotsford, BC	WR
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LONG JUMP

M55	5.37	-0.4	John Hawkins	57	17/06/06	Langley, BC
M60	4.90	-0.1	Warren Hamill	60	15/07/06	Shoreline, WA
M65	4.65	0.8	Herb Gee	65	08/07/06	Burnaby, BC

TRIPLE JUMP

M65	8.51	0.0	Les East	67	25/08/06	Abbotsford, BC	
W55	6.31	-0.6	Elaine Loreth	58	25/08/06	Abbotsford, BC	
W65	7.19	-0.8	Sandy Anderson	66	09/07/06	Burnaby, BC	CR
W70	4.23	1.8	Arna Kristian	72	25/08/06	Abbotsford, BC	
W75	3.66	-2.0	Hildegard Buschhaus	78	25/08/06	Abbotsford, BC	
W85	4.39	0.4	Olga Kotelko	87	25/08/06	Abbotsford, BC	CR

HIGH JUMP

M60	1.57		Warren Hamill	60	15/07/06	Shoreline, WA	CR
M70	1.27	tie	Keith Taylor	73	25/08/06	Abbotsford, BC	
M75	1.15	tie	Danny Daniels	77	25/08/06	Abbotsford, BC	
W65	1.15	tie	Sandy Anderson	66	17/06/06	Langley, BC	
	1.15	tie	Sandy Anderson	66	22/07/06	Dieppe, NB	
	1.15	tie	Sandy Anderson	66	25/08/06	Abbotsford, BC	

POLE VAULT

M60	3.35		Warren Hamill	60	14/06/06	Victoria, BC	CR
M60	3.70	p	Warren Hamill	60	25/06/06	Duncan, BC	
M70	2.50		Gerard Dumas	71	26/08/06	Abbotsford, BC	
M80	1.00		Jack Rowe	81	14/06/06	Victoria, BC	
W45	1.45		Anne Murfitt	46	14/06/06	Victoria, BC	
W45	1.88		Denise Clements	45	10/06/06	Port Alberni, BC	
W65	1.75		Sandy Anderson	66	13/05/06	Victoria, BC	

SHOT PUT

M55	12.68		John Hawkins	57	15/07/06	Shoreline, WA	
M80	8.77		Matti Luhtanen	82	24/08/06	Abbotsford, BC	
M90	6.63		Jim Murray	91	24/08/06	Abbotsford, BC	CR
W45	9.47		Denise Clements	45	22/04/06	Sidney, BC	CR
W55	8.74		Rose Hare	58	25/08/06	Abbotsford, BC	
W65	8.69		Sandy Anderson	66	22/04/06	Sidney, BC	

DISCUS

M55	40.73		Murray Hall	55	25/08/06	Abbotsford, BC	
	42.12	p	Murray Hall	55	09/08/06	Seattle, WA	
M90	17.60		Jim Murray	91	17/06/06	Langley, BC	
W35	40.35	p	Anna Modsdell-Jack	36	10/06/06	Port Alberni, BC	
W35	32.62		Judy MacDonald	39	01/08/06	Burnaby, BC	
W85	14.84		Olga Kotelko	87	26/06/06	Eugene, OR	

JAVELIN

M60	47.42		Victor Njume	63	25/08/06	Abbotsford, BC	CR
W50	22.73		Wendy Woodworth	50	17/06/06	Langley, BC	

HAMMER

M75	34.90		Douglas Monds	77	26/08/06	Abbotsford, BC	CR
M80	16.23		Wolfgang Rost	83	26/08/06	Abbotsford, BC	
M90	17.29		Jim Murray	91	22/07/06	Dieppe, NB	
W35	33.73		Judy MacDonald	39	08/07/06	Burnaby, BC	
W45	29.26		Denise Clements	45	04/06/06	Sidney, BC	CR
W55	24.99		Sheila Frenette	55	26/08/06	Abbotsford, BC	
W65	23.80		Sandy Anderson	66	22/07/06	Dieppe, NB	CR

WEIGHT

M70	14.38		Andy Aadmi	70	22/07/06	Dieppe, NB	
W45	6.42		Anne Murfitt	46	25/06/06	Eugene, OR	
W65	9.92		Sandy Anderson	66	22/07/06	Dieppe, NB	CR

DECATHLON 2006 Tables (later recalculated with 2010 tables)

M55	7407		John Hawkins	57	15-16/07/06	Shoreline, WA	CR
						(13.68 w:0.2, 5.31 w:0.0, 12.68, 1.75, 1:06.51, 19.49 w:-0.2, 37.05, 3.80, 41.21, 6:18.00)	
M60	7577		Warren Hamill	60	15-16/07/06	Shoreline, WA	CR
						(13.83 w:-1.1, 4.90 w:-0.1, 11.57, 1.57, 1:05.90, 17.38 w:0.6, 42.12, 3.30, 37.97, 6:32.24)	