

BC MASTERS OUTDOOR TRACK AND FIELD RECORDS

NEW RECORDS SET IN 2009 (74 BC + 2 tie, 36 CR, 10 WR)

GREYHOUNDS IN RED

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
100M						
M55	12.02 -0.1	Tom Dickson	56	21/06/09	Langley, BC	CR
M80	16.78 1.2	Larry Chalmers	80	11/10/09	Sydney, AUS	
M85	19.34 0.0	Jim Sargent	86	17/09/09	Richmond, BC	
W70	16.85 -1.3	Diane Palmason	71	28/06/09	Comox, BC	CR
W90	23.95 1.3	Olga Kotelko	90	11/10/09	Sydney, AUS	CR
200M						
M45	23.26 0.1	David Lee Provo	47	18/10/09	Sydney, AUS	
M70	29.22 p nwi	Andy Aadmi	73	19/07/09	Kamloops, BC	
	29.52 -0.1	Andy Aadmi	74	18/09/09	Richmond, BC	
M90	1:27.94 0.0	Les Leyland	92	18/09/09	Richmond, BC	
W70	33.70 1.2	Diane Palmason	71	19/07/09	Kamloops, BC	CR
W90	56.46 0.0	Olga Kotelko	90	03/08/09	Lahti, FIN	WR
400M						
M70	1:07.47	Andy Aadmi	73	05/08/09	Burnaby, BC	
M90	3:15.70	Les Leyland	92	17/09/09	Richmond, BC	CR
W70	1:17.14	Diane Palmason	71	18/07/09	Kamloops, BC	CR
W90	2:50.28	Olga Kotelko	90	17/09/09	Richmond, BC	WR
1500M						
M90	16:57.90	Les Leyland	92	18/09/09	Richmond, BC	CR
5000M						
W75	25:09.0	Gwen McFarlan	75	17/09/09	Richmond, BC	CR
SPRINT HURDLES						
M35	14.97 -1.6	Tim Kroeker	38	18/07/09	Kamloops, BC	CR
M80	20.74 0.3	Danny Daniels	80	29/07/09	Lahti, FIN	
W60	18.04 0.0	Michelle Hankey	60	04/07/09	Burnaby, BC	
INTERMEDIATE HURDLES						
M65	52.07	Tony Badowski	66	03/08/09	Burnaby, BC	
W60	1:11.84	Michelle Hankey	61	19/07/09	Kamloops, BC	
STEEPLECHASE						
M60	8:12.9	Neil Wakelin	62	11/10/09	Sydney, AUS	
M65	10:36.3	Bill McNamara	68	18/07/09	Kamloops, BC	
4 X 400M RELAY						
M50	4:16.45	Lindsay Elms (51), Keith Wakelin (50) Mel Callander (54), Paul Reimer (54)		19/07/09	Kamloops, BC	
LONG JUMP						
M80	3.55 0.0	Larry Chalmers	80	12/10/09	Sydney, AUS	
W50	3.91 0.9	Margaret Rhebergen	54	18/07/09	Kamloops, BC	
W70	3.35 -0.5	Gerda Crosthwaite	70	16/09/09	Richmond, BC	CR
W90	1.77 -0.6	Olga Kotelko	90	07/08/09	Lahti, FIN	WR
TRIPLE JUMP						
M35	11.96 0.3	Johan Wolff	38	21/06/09	Langley, BC	
M70	8.22 0.7	Les East	70	16/10/09	Sydney, AUS	
W50	7.71 1.9	Margaret Rhebergen	54	19/07/09	Kamloops, BC	
W60	6.74 0.3	Michelle Hankey	61	18/09/09	Richmond, BC	
W70	6.61 0.0	Christa Bortignon	72	18/09/09	Richmond, BC	
W80	3.57 0.6	Hildegard Buschhaus	81	18/09/09	Richmond, BC	CR
W90	4.25 0.2	Olga Kotelko	90	18/09/09	Richmond, BC	WR

HIGH JUMP

M60	1.69		John Hawkins	60	28/07/09	Lahti, FIN	CR
M75	1.20	Tie	Keith Taylor	76	19/09/09	Richmond, BC	
W70	1.00		Christa Bortignon	72	19/09/09	Richmond, BC	
W90	0.82		Olga Kotelko	90	01/08/09	Lahti, FIN	WR

POLE VAULT

M80	1.40		Doug Monds	80	17/09/09	Richmond, BC	
	1.40		Doug Monds	80	12/10/09	Sydney, AUS	
W40	2.02		Nancy Craig	43	09/06/09	Victoria, BC	
W65	1.85		Sandy Anderson	69	09/05/09	Victoria, BC	CR

SHOT PUT

M55	13.20		Don Allemeersch	55	16/09/09	Richmond, BC	
W60	9.19		Rose Hare	60	19/07/09	Kamloops, BC	
W90	5.01		Olga Kotelko	90	18/09/09	Richmond, BC	CR

DISCUS

M55	43.61		Don Allemeersch	55	17/09/09	Richmond, BC	CR
W45	33.79		Berni Juert	45	18/07/09	Kamloops, BC	CR
W50	21.96		Linda Keatley-Campbell	53	18/07/09	Kamloops, BC	
W90	14.80		Olga Kotelko	90	06/08/09	Lahti, FIN	WR

JAVELIN

M40	62.77	p	Graham Morfitt	42	13/06/09	Duncan, BC	CR
	62.59		Graham Morfitt	42	07/08/09	Lahti, FIN	CR
M65	44.20		Victor Njume	66	17/09/09	Richmond, BC	CR
W50	31.98		Monica Pomietlarz	50	19/07/09	Kamloops, BC	
W90	13.54		Olga Kotelko	90	03/08/09	Lahti, FIN	WR

HAMMER

M80	34.44		Douglas Monds	80	18/07/09	Kamloops, BC	CR
W60	30.53		Rose Hare	60	21/06/09	Langley, BC	CR
W65	25.02		Sandy Anderson	69	18/07/09	Kamloops, BC	CR
W90	13.63		Olga Kotelko	90	17/07/09	Kamloops, BC	WR

WEIGHT THROW

M55	12.38		John Hawkins	59	24/05/09	Nanaimo, BC	
M80	11.92		Douglas Monds	80	19/07/09	Kamloops, BC	
	12.66	p	Douglas Monds	80	13/10/09	Sydney, AUS	???
W45	10.75		Denise Clements	49	12/10/09	Sydney, AUS	CR
W60	11.65		Rose Hare	60	19/07/09	Kamloops, BC	
W90	6.58		Olga Kotelko	90	17/07/09	Kamloops, BC	WR

PENTATHLON * Calculated with 2006 tables

M40	2459		Gary Silvester	41	17/07/09	Kamloops, BC	
(5.38 +0.5/580, 33.23/406, 25.86 -3.2/694, 29.76/460, 6:09.74/319)							

HEPTATHLON

W55	2169		Nancy Cochrane	57	15-16/08/09	Shoreline, WA	
(21.50 w:0.0, 1.15, 5.68, 43.38 w:1.2 & 2.53 w:0.0, 12.89, 4:02.08)							
(201, 655, 440, 218 & 182, 287, 186)							

DECATHLON * 2006 Tables (later recalculated with 2010 tables)

M65	5506		Grant Lamothe	65	15-16/08/09	Shoreline, WA	
(14.57 w:0.8, 4.01 w:0.1, 9.72, 1.18, 1:12.47 & 22.69 w:-0.5, 28.87, 1.70, 33.43, 7:23.27)							
(685, 697, 747, 560, 507 & 441, 586, 296, 665, 380)							
M80	4640		Danny Daniels	80	28-29/07/09	Lahti, FIN	CR
(17.25 w:2.6, 2.88 w:1.6, 8.50, 1.06, 2:05.50 & 20.74 w:0.3, 19.17, 1.10, 22.03, 11:04.81)							
(671, 565, 677, 723, 35 & 538, 593, 231, 521, 86)							
W65	5877		Sandy Anderson	69	15-16/08/09	Shoreline, WA	CR??
(17.94 w:-0.5, 18.60, 1.60, 19.38, 1:55.27 & 19.34 w:-0.4, 2.65 w: 0.4, 7.48, 1.18, 8:41.06)							
(723, 524, 625, 627, 76 & 645, 355, 795, 1003, 504)							
W45	2187		Anne Murfitt	49	15-16/08/09	Shoreline, WA	CR??
(18.01 nwi, 17.02, 0, 15.69, 1:39.17 & 20.31 w:-1.0, 2.41 w: 0.3, 6.21, 1.12, 8:05.57)							
(299, 285, 0, 280, 38 & 218, 78, 411, 409, 169)							

WEIGHT PENTATHLON **Note: Points calculated with 2006 tables, later recalculated with 2010 tables**

M40	3035	Graham Morfitt	42	07/08/09	Lahti, FIN (31.82/420, 10.97/562, 33.47/533, 62.59/899, 11.88/621)	
M60	3670	John Hawkins	60	07/08/09	Lahti, FIN (33.52/629, 12.37/833, 38.48/730, 41.42/758, 12.94/720)	
M80	3337	Douglas Monds	80	17/07/09	Kamloops, BC (32.90/912, 7.70/602, 18.18/556, 19.06/432, 10.65/835)	
W45	3233	Denise Clements	49	18/10/09	Sydney, AUS (30.44/847, 8.76/630, 25.51/473, 21.14/406, 10.43/877)	CR
W60	3362	Rose Hare	60	17/07/09	Kamloops, BC (28.15/776, 8.93/860, 21.92/555, 15.05/406, 11.32/765)	
W75	3990	Myrtle Acton	76	17/07/09	Kamloops, BC (18.68/767, 6.41/907, 17.84/699, 17.64/772, 8.28/845)	CR
W90	5905	Olga Kotelko	90	06/08/09	Lahti, FIN (12.87/1104, 4.68/1275, 14.80/1019, 13.24/1150, 6.41/1357)	WR

CR Canadian record

CR?? CMAA does not recognize womens' Decathlon

??? Sydney used lighter weights in some throwing events.

WR World record

p pending ratification by the BC Athletics Masters committee.

** Olga set/broke "NEW" 10 WR's, 12 CR's and 12 BC records.*