

BC MASTERS OUTDOOR T&F RECORDS
NEW RECORDS IN 2013 (71 BC + 2 tie, 31 CR, 6 WR)

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
100M						
M70	14.11 -0.4	Harold Morioka	70	27/04/13	Surrey, BC	
M90	23.70 -0.4	Harry Thompson	90	18/05/13	Kamloops, BC	CR
W35	13.23 -0.9	Jeannette Van Den Bulk	36	04/08/13	Torino, ITA	
W75	15.82 0.7	Christa Bortignon	76	21/08/13	Kamloops, BC	WR
200M						
M90	51.88 0.3	Harry Thompson	90	23/08/13	Kamloops, BC	CR
W35	26.93 0.1	Jeannette Van Den Bulk	36	09/06/13	Coquitlam, BC	
W75	33.86 1.6	Christa Bortignon	76	01/06/13	Stendal, GER	WR
400M						
M65	1:04.16	Sewa Birring	67	06/07/13	Burnaby, BC	
M90	2:12.03	Harry Thompson	90	18/05/13	Kamloops, BC	CR
W35	58.49	Jeannette Van Den Bulk	36	05/08/13	Torino, ITA	
W75	1:19.53	Christa Bortignon	76	22/08/13	Kamloops, BC	WR
800M						
M90	5:07.40	Harry Thompson	90	21/08/13	Kamloops, BC	CR
1500M						
M90	10:27.28	Harry Thompson	90	18/05/13	Kamloops, BC	CR
5000M						
W35	17:37.9 (h)	Claire Morgan	38	11/05/13	Victoria, BC	
W50	19:21.80	Juliette Christie	50	29/03/31	Vancouver, BC	
10000M						
M45	31:55.92	Bruce Deacon	46	31/08/13	Victoria, BC	
W45	34:28.11	Marilyn Arsenault	45	31/08/13	Victoria, BC	CR
SPRINT HURDLES						
M70	18.98 1.0	Lynn Thompson	74	21/08/13	Kamloops, BC	
W35	17.01 1.9	Jeannette Van Den Bulk	36	05/08/13	Torino, ITA	
W60	17.14 0.6	Daphne O'Sullivan	61	21/08/13	Kamloops, BC	
W75	17.44 0.6	Christa Bortignon	76	21/08/13	Kamloops, BC	WR
LONG HURDLES						
M35*	1:12.17*	Andy Bienefeld	38	16/06/13	Langley, BC	
M70	54.15	Harold Morioka	70	18/05/13	Kamloops, BC	
W75	39.89 0.0	Christa Bortignon	76	18/05/13	Kamloops, BC	WR
STEEPLECHASE						
M60	7:57.92	Reidar Zapf-Gilji	61	06/07/13	Burnaby, BC	
4 x100M RELAY						
W50	1:01.33	Megan Rankin (52), Urith Hayley (62) Elaine Whidden (58), Jill Elliott (50)	16/06/13		Langley, BC	
W55	1:05.53	Urith Hayley (62), Lori Graham (55) Elaine Whidden (58), Marie Johnson (60)	21/08/13		Kamloops, BC	CR
LONG JUMP						
W50	3.91 -1.5 tie	Miriam Cavani	52	15/06/13	Langley, BC	
W55	4.17 -0.4	Margaret Rhebergen	57	18/05/13	Kamloops, BC	CR
W75	3.72 0.0	Christa Bortignon	76	06/07/13	Burnaby, BC	CR

TRIPLE JUMP

M50	12.94 -0.6	Hugh Maguire	50	08/08/13	Torino, ITA	CR
W55	8.51 -0.5	Margaret Rhebergen	58	21/08/13	Kamloops, BC	
W60	7.85 0.5	Betsy Rollins	63	21/08/13	Kamloops, BC	

HIGH JUMP

M80	1.15	Keith Taylor	80	23/08/13	Kamloops, BC	
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POLE VAULT

M75	2.22 tie	Gerard Dumas	78	17/09/13	Victoria, BC	
M80	1.82	Joe Giegerich	80	22/08/13	Kamloops, BC	
W35	2.20	Christina Weir	35	15/06/13	Langley, BC	
W45	2.72	Nancy Craig	47	17/09/13	Victoria, BC	CR

SHOT PUT

M35*	12.58*	John Saari	39	16/06/13	Langley, BC	
W80	7.34 (2kg)	Myrtle Acton	80	19/05/13	Kamloops, BC	CR

DISCUS

M35*	39.17*	John Saari	39	17/05/13	Kamloops, BC	
W80	17.70 (.75kg)	Myrtle Acton	80	18/05/13	Kamloops, BC	CR

JAVELIN

M45	55.92	Graham Morfitt	46	21/10/13	Porto Alegre, BRA	
M70	44.30	Victor Njume	70	22/08/13	Kamloops, BC	CR
M85	18.70	Karl Drahorad	85	22/08/13	Kamloops, BC	

HAMMER

M35*	36.01*	Winston Giles	39	14/06/13	Langley, BC	
M75	34.97	Bakhshish Dhillon	75	21/08/13	Kamloops, BC	
W65	27.32	Cheryl Closkey	65	27/07/13	Regina, SK	CR
W70	25.80	Kathy Brand	71	21/08/13	Kamloops, BC	
W80	21.09 (2kg)	Myrtle Acton	80	14/06/13	Langley, BC	CR

WEIGHT THROW

M35*	12.56*	John Saari	39	14/06/13	Langley, BC	
M45	11.19	Graham Morfitt	46	24/10/13	Porto Alegre, BRA	
M65	13.04	Ken Townsend	68	14/06/13	Langley, BC	
M75	13.83	Bakhshish Dhillon	75	24/08/13	Kamloops, BC	
W65	11.68	Cheryl Closkey	65	21/08/13	Kamloops, BC	CR
W70	9.76	Kathy Brand	71	24/08/13	Kamloops, BC	
W80	8.76 (4kg)	Myrtle Acton	80	14/06/13	Langley, BC	CR

SUPERWEIGHT

M55	5.52	Dave McDonald	59	20/07/13	Seattle, WA	
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WEIGHT PENTATHLON

M35*	2570*	John Saari	39	17/05/13	Kamloops, BC	
		(29.48/356, 12.30/652, 39.17/659, 31.51/326, 11.98/577)				
M45	3197	Graham Morfitt	46	26/10/13	Porto Alegre, BRA	
		(34.44/556, 10.55/648, 29.92/585, 54.22/791, 11.06/617)				
M65	3146	Ken Townsend	68	21/08/13	Kamloops, BC	
		(30.76/595, 9.92/697, 32.41/618, 29.47/530, 13.00/706)				
M75	3455	Bakhshish Dhillon	75	21/08/13	Kamloops, BC	CR
		(34.97/849, 9.16/700, 25.93/607, 22.16/470, 13.54/829)				
W60	3406	Rose Hare	64	26/07/13	Regina, BC	CR
		(29.98/844, 8.75/736, 22.44/573, 19.38/474, 12.10/779)				
W65	3391	Cheryl Closkey	65	21/08/13	Kamloops, BC	
		(23.18/700, 7.08/645, 22.35/655, 19.92/560, 11.68/831)				
W70	3246	Marg Radcliff	71	21/08/13	Kamloops, BC	
		(17.75/580, 6.89/713, 16.32/529, 23.87/800, 8.28/624)				

PENTATHLON

M35* 2468*

James O'Kane 37 19/06/13 Toronto, ON
(5.59w:0.7/535, 44.59/517, 26.97w:1.4/482, 35.43/582, 5:42.91/352)

M70 2919

Barry Adams 71 22/08/13 Kamloops, BC **CR**
(3.43 w=0.5/512, 29.62/585, 32.51 w=1.5/619, 24.79/498, 6:30.03/705)**HEPTATHLON**

W75 6519

Christa Bortignon 76 03-04/08/13 Torino, ITA **WR**
18.26 (0.1)/1124, 1.09/1054, 7.35/758, 34.23 (-1.4)/1139, 3.49 (-0.8)/1014, 16.30/613, 3:52.03/817)**DECATHLON**

M35* 5312*

James O'Kane 37 14-15/06/13 Langley, BC **CR**
12.71 (0.6), 5.46 (0.4), 11.12, 1.78, 57.29 & 17.87 (0.1), 35.84, 3.30, 39.49, 5:28.88
(547, 508, 578, 644, 586 & 553, 591, 444. 442, 419)**1500M RACEWALK**

M40 6:33.77

Dmitry Babenko 40 07/07/13 Burnaby, BC **CR****3K RACEWALK**

M40 13:48.88

Dmitry Babenko 40 14/06/13 Langley, BC **CR**

W40 14:39.51

Nardene Hammond 41 14/06/13 Langley, BC **CR****5K RACEWALK**

M40 23:50.63

Dmitry Babenko 40 28/07/13 Regina, SK

WR World record**CR** Canadian record (betters listed record from 2012)**NOTE:** Lenore Montgomery ran on a W70 4x800m relay team that broke the **WORLD RECORD:**
(15:41.25)**M35*** M35 records incomplete