

## 2015 B. C. MASTERS OUTDOOR TRACK AND FIELD RECORDS (NEW RECORDS SET IN 2015 – 53 BC & 1 tie, 23 CR, 2 WR)

\* One record (W45 5000m) is pending (Note: approved in 2017)

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
<b>100M</b>						
M85	18.00 -1.0	Norm Lesage	85	25/04/15	Surrey, BC	<b>CRp</b>
M95	1:18.82 -0.2	William Falconer	95	27/08/15	Burnaby, BC	<b>CR</b>
W35	13.19 1.4	Natasha Bacchus	37	13/06/15	Coquitlam, BC	
W60	14.60 1.0	Elaine Whidden	60	04/07/15	Burnaby, BC	
<b>200M</b>						
M90	39.99 -1.1	Norm Lesage	85	26/08/15	Burnaby, BC	
W60	30.27 1.4	Elaine Whidden	60	05/07/15	Burnaby, BC	
<b>400M</b>						
W65	1:19.39	Sandra Bissessur	65	28/08/15	Burnaby, BC	
W85	2:11.85	Lenore Montgomery	85	28/08/15	Burnaby, BC	<b>CR</b>
<b>800M</b>						
W85	4:39.14	Lenore Montgomery	85	05/07/15	Burnaby, BC	<b>WR (broken)</b>
W85	4:33.86	Lenore Montgomery	85	27/08/15	Burnaby, BC	<b>CR</b>
<b>1500</b>						
M75	5:56.11	Herb Phillips	75	28/08/15	Burnaby, BC	
M85	7:59.56	Maurice Tarrant	85	16/05/15	Victoria, BC	<b>CR</b>
W85	9:06.76	Lenore Montgomery	85	28/08/15	Burnaby, BC	<b>CR</b>
<b>3000M</b>						
M85	17:01.99	Maurice Tarrant	85	30/05/15	Victoria, BC	<b>CR</b>
W45	9:44.94	Marilyn Arsenault	47	30/05/15	Victoria, BC	<b>CRp</b>
<b>5000M</b>						
M75	20:51.35	Herb Phillips	75	26/08/15	Burnaby, BC	
M85	30:12.55	Maurice Tarrant	85	26/08/15	Burnaby, BC	<b>CR</b>
W45	16:51.08 <b>p</b>	Marilyn Arsenault	47	13/06/15	Portland, OR	<b>CRp</b>
W85	32:36.20	Lenore Montgomery	85	26/08/15	Burnaby, BC	<b>WR</b>
<b>SPRINT HURDLES</b>						
M75	18.96 0.5	Lynn Thompson	76	26/08/15	Burnaby, BC	
W65	17.90 -0.5	Deborah Lee	65	18/07/15	Seattle, WA	
<b>2000 STEEPLECHASE</b>						
M60	7:55.08	Reidar Zapf-Gilje	63	19/06/15	Langley, BC	
<b>4 x 100M RELAY</b>						
W55	1:01.43	Urith Hayley(64), Cindy O'Brien Hugh(57) Marie Johnson(62), Elaine Whidden(60)		27/08/15	Burnaby, BC	
W60	1:03.74	Deborah Lee (64), Christa Bortignon (78) Urith Hayley (64), Elaine Whidden (60)		26/04/15	Eugene, OR	<b>CR</b>
<b>4 x 400M RELAY</b>						
W60	5:27.92	Marie Johnson (62), Christa Bortignon (78) Valerie Scott (60), Elaine Whidden (60)		07/07/15	Surrey, BC	<b>CR</b>
<b>LONG JUMP</b>						
M90	1.40 1.1	Harry Thompson	92	20/06/15	Langley, BC	
<b>TRIPLE JUMP</b>						
M60	9.98 1.8	Reidar Zapf-Gilje	63	26/08/15	Burnaby, BC	
M90	3.68 -0.8	Harry Thompson	92	21/06/15	Langley, BC	
W65	8.35 -0.9	Deborah Lee	65	18/07/15	Seattle, WA	
<b>HIGH JUMP</b>						
M65	1.50 tie	John Hawkins	66	28/08/15	Burnaby, BC	

**POLE VAULT**

M65	2.80	John Hawkins	66	27/08/15	Burnaby, BC	
M80	2.02	Gerard Dumas	80	24/09/15	Victoria, BC	
M85	1.00	Douglas Monds	86	27/08/15	Burnaby, BC	<b>CR</b>
W45	3.03	Nancy Craig	49	09/05/15	Victoria, BC	<b>CR</b>

**SHOT PUT**

M75	12.95	Marek Glowacki	75	29/09/15	Sopot, POL	<b>CR</b>
M85	8.98	Rainer Sillantaus	85	28/08/15	Burnaby, BC	

**DISCUS THROW**

M75	39.94	Marek Glowacki	75	29/09/15	Sopot, POL	<b>CR</b>
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**JAVELIN THROW**

M75	34.68	Marek Glowacki	75	08/10/15	Nice, FRA	<b>CRp</b>
M85	19.91	Rainer Sillantaus	85	26/08/15	Burnaby, BC	
M90	16.78	Scot Henney	90	26/08/15	Burnaby, BC	
W65	25.27	Marilyn Benz	65	20/06/15	Langley, BC	<b>CR</b>

**HAMMER THROW**

M75	35.71	Marek Glowacki	75	03/10/15	Nice, FRA	
W70	27.79	Kathy Brand	72	16/05/15	Kamloops, BC	<b>CR</b>
W80	22.46	Myrtle Acton	82	27/08/15	Burnaby, BC	<b>CR</b>

**WEIGHT THROW**

M60	16.95	Dave McDonald	61	25/04/15	Surrey, BC	
<b>M90</b>	<b>7.89</b>	<b>Jim Murray</b>	<b>90</b>	<b>31/07/05</b>	<b>Edmonton, AB</b>	
		<b>(missed from earlier years, result from Throws pentathlon)</b>				
W65	12.21	Rose Hare	66	19/06/15	Langley, BC	<b>CR</b>

**SUPERWEIGHT**

M45	6.28	Jody Cranston	46	30/08/15	Seattle, WA	
M60	8.19	Dave McDonald	61	11/04/15	Coos Bay, OR	

**THROWS PENTATHLON****PENTATHLON**

M60	3575	Reidar Zapf-Gilje	63	13/06/15	Tonsberg, Norway	<b>CR</b>
		(4.58 w=0.0/684), 38.05/645, 29.01 w=0.0/677, 38.37/680, 5:13.42/889)				

**1500M RACE WALK**

M70	10:44.58	Arthur Gee	72	05/07/15	Burnaby, BC	
W60	10:25.40	Suzanne Sharp	61	25/07/15	Tumwater, WA	

**3000M RACE WALK**

M70	20:39.30	Jim Dyer	72	19/06/15	Langley, BC	
M75	27:22.35	Mac McNair	79	19/06/15	Langley, BC	

**5000M RACE WALK**

W40	28:54.38	Nardene Hammone	43	07/08/15	Lyon, FRA	
W40	25:42.01	x Nardene Hammond	42	03/03/15	Vancouver, BC	<b>CRx</b>

**5K ROAD WALK****10K ROAD WALK**

W40	57:02	Nardene Hammond	43	10/08/15	Lyon, FRA	
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**20K ROAD WALK**

W40	1:57.00	Nardene Hammond	43	14/08/15	Lyon, FRA	
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<b>CR</b>	Betters listed Canadian record
<b>WR</b>	Betters listed World record
<b>p</b>	Pending completed record form
<b>x</b>	Insufficient qualified race walk officials