

## 2017 NEW BC MASTERS OUTDOOR TRACK AND FIELD RECORDS

(86 BC + 2 tie, 29 CR, 3 WR)      \*to December 31, 2017

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
<b>100M</b>						
W80	17.14 1.6	Christa Bortignon	80	06/05/17	Kamloops, BC	<b>CR</b>
<b>200M</b>						
M35	23.40 0.6	Brian Carnate	39	26/04/17	Auckland, NZ	
W65	32.75 1.9	Daphne O'Sullivan	65	14/09/17	Vernon, BC	
W80	37.00 1.1	Christa Bortignon	80	06/05/17	Kamloops, BC	<b>CR</b>
<b>400M</b>						
M65	1:03.86	Reidar Zapf-Gilje	65	13/09/17	Vernon, BC	
W85	2:10.81	Lenore Montgomery	87	08/07/17	Burnaby, BC	<b>CR</b>
<b>800M</b>						
M65	2:24.20	Reidar Zapf-Gilje	65	13/08/17	Toronto, ON	
<b>3000M</b>						
W85	19:58.05	Lenore Montgomery	87	09/07/17	Burnaby, BC	<b>WR</b>
<b>5000M</b>						
W35	15:42.81	Natasha Wodak	35	11/06/17	Portland, OR	<b>CR</b>
W45	16:56.63 x	Catherine Watkins	45	02/04/17	Vancouver, BC	<b>CRx</b>
(Marilyn Arsenault's result from 2015 (16:51.08) was finally recognized as the record)						
W50	17:22.97	Lucy Smith	50	21/06/17	Victoria, BC	<b>CR</b>
<b>10000M</b>						
W35	31:55.47	Natasha Wodak	35	05/08/17	London, GRB	<b>CR</b>
<b>SPRINT HURDLES</b>						
M65	17.80 1.1	Reidar Zapf-Gilje	65	08/07/17	Burnaby, BC	
M80	20.50 -0.8	Karl Mey	81	15/09/17	Vernon, BC	
M85	26.57 -0.8	Joe Giegerich	85	15/09/17	Vernon, BC	
W60	16.05 1.2	Margaret Rhebergen	62	12/09/17	Vernon, BC	
<b>LONG HURDLES</b>						
W40	1:07.45	Jeannette Van Den Bulk	40	23/04/17	Auckland, NZL	<b>CR</b>
W80	46.64 -0.5	Christa Bortignon	80	05/05/17	Kamloops, BC	<b>CR</b>
<b>STEEPLECHASE</b>						
M55	12:27.22	Keith Wakelin	58	28/04/17	Auckland, NZL	
M65	7:52.04	Reidar Zapf-Gilje	65	08/07/17	Burnaby, BC	
<b>4 x 100M RELAY</b>						
M35	44.90	Brian Carnate (39), Marvin Johnson (43) Luke Wang (45), Steve Colbert (52)		09/07/17	Burnaby, BC	
M50	55.50	Jess Aujla (52), Alex Galo (51) Palwinder Chattu (51), Jorge Woods (58)		18/06/17	Langley, BC	
M70	58.33	Tony Blenman(71), Francisco Machado(71) Harold Morioka (74), Sewa Birring (71)		15/09/17	Vernon, BC	<b>CR</b>
M85	1:42.81	Ron Huckerby (88), Scot Henney (92) Issac Thiessen (88), Joe Giegerich (85)		15/09/17	Vernon, BC	<b>CR</b>
<b>4 x 400M RELAY</b>						
M65	4:37.32	Francisco Machado (71), Hardev Sandhu (68) Barry Sparkes (66), Reidar Zapf-Gilje (65)		16/09/17	Vernon, BC	<b>CR</b>
M80	8:19.69	Wolfgang Heinzmann(81), Bruce Butcher(83) George Sennewald (80), Karl Mey (81)		15/09/17	Vernon, BC	
W55	5:08.78	Cindy O'Brien Hugh(59), Elaine Whidden(62) Valerie Scott (62), Janette Wood (57)		16/09/17	Vernon, BC	<b>CR</b>
<b>4 x 800M RELAY</b>						
W55	12:28.43	Linda Ordowski (57), Sharon Hann (57) Debbie Jordan (60), Janette Wood (57)		11/07/17	Surrey, BC	<b>CR</b>

**LONG JUMP**

M85	2.72	0.0	Joe Giegerich	85	11/08/17	Toronto, ON	
W60	4.06	0.5	Margaret Rhebergen	62	17/06/17	Langley, BC	
W65	3.66	0.6 tie	Deborah Lee	67	08/07/17	Burnaby, BC	
W80	3.29	1.8	Christa Bortignon	80	08/07/17	Burnaby, BC	<b>WR</b>

**TRIPLE JUMP**

M65	9.43	0.0	Reidar Zapf-Gilje	65	14/09/17	Vernon, BC	
M85	5.86	-1.3	Joe Giegerich	85	09/07/17	Burnaby, BC	
W60	8.30	0.0	Margaret Rhebergen	62	18/06/17	Langley, BC	
W80	7.16	-0.9	Christa Bortignon	80	06/05/17	Kamloops, BC	<b>WR</b>

**HIGH JUMP**

M85	1.00		Joe Giegerich	85	09/07/17	Burnaby, BC	
W55	1.30	tie	Monica Pomietlarz	58	17/06/17	Langley, BC	
W55	1.30	tie	Miriam Cavani	56	17/06/17	Langley, BC	
W60	1.30		Margaret Rhebergen	61	06/05/17	Kamloops, BC	<b>CR</b>

**POLE VAULT**

M85	1.60		Joe Giegerich	85	09/07/17	Burnaby, BC	<b>CR</b>
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**SHOT PUT**

M90	6.70		Scot Henney	92	13/08/17	Surrey, BC	
W55	10.57		Monica Pomietlarz	58	28/05/17	Surrey, BC	<b>CR</b>
W70	7.91		Gabriella Moro	70	14/09/17	Vernon, BC	

**DISCUS**

W40	31.55		Nicole Carlos	43	17/06/17	Langley, BC	
W50	26.61		Bernie Juert	53	15/10/17	Surrey, BC	
W55	25.29		Monica Pomietlarz	58	17/06/17	Langley, BC	<b>CR</b>
W70	22.22		Gabriella Moro	70	13/09/17	Vernon, BC	

**JAVELIN THROW**

M50	63.39		Graham Morfitt	50	24/06/17	Courtenay, BC	<b>CR</b>
M75	37.47		Victor Aksenov	76	15/10/17	Surrey, BC	<b>CR</b>
M85	20.43		Rainer Sillantaus	87	13/09/17	Vernon, BC	
W55	31.45		Monica Pomietlarz	59	13/09/17	Vernon, BC	
W75	23.16		Marg Radcliffe	75	16/10/17	St. George, UT	

**HAMMER THROW**

M45	52.13		Glenn McAtee	45	24/03/17	Columbia, SC	
M55	43.92		Cory Holly	59	12/09/17	Vernon, BC	
M90	17.46		Scot Henney	92	13/08/17	Surrey, BC	
W40	50.75		Hardeep Kaur	40	16/07/17	Coquitlam, BC	<b>CR</b>
<b>W55</b>	<b>31.83</b>		<b>Celina Wong</b>	<b>55</b>	<b>(not approved – see note below)</b>		

**WEIGHT THROW**

M45	12.07		Shane Wiebe	47	13/08/17	Toronto, ON	
M65	13.83		Reidar Zapf-Gilje	65	15/10/17	Surrey, BC	
M75	14.22		Marek Glowacki	76	15/07/17	Puck, POL	
M90	8.86		Scot Henney	92	13/08/17	Surrey, BC	
W55	8.83		Celina Wong	55	13/08/17	Surrey, BC	

**SUPERWEIGHT**

M55	6.70		Andrew Arthur	55	13/08/17	Surrey, BC	
M65	5.34		Mohan Bains	67	15/10/17	Surrey, BC	
M70	7.62		Harnek Toor	71	28/05/17	Surrey, BC	
W50	4.53		Nancy Smith	54	15/10/17	Surrey, BC	
W75	5.44		Frances Steinfeld	79	13/08/17	Surrey, BC	

**THROWS PENTATHLON**

M65	3698		Reidar Zapf-Gilje	65	15/10/17	Surrey, BC	
			(35.07/699, 11.61/838, 37.31/734, 35.45/668, 13.83/759)				
W40	2510		Nicole Carlos	43	11/08/17	Toronto, ON	
			(30.49/620, 7.46/417, 29.48/517, 27.40/504, 7.88/452)				

**PENTATHLON**

M65	3902		Reidar Zapf-Gilje	65	11/08/17	Toronto, ON	<b>CR</b>
			(4.39, +0.9/734, 37.08/706, 29.88 -2.6/699, 39.57/788, 5:14.80/975)				

M85	2185	Joe Giegerich	85	11/08/17	Toronto, ON	
					(2.72, 0.0/591, 14.28/367, 43.11, -0.4/517, 11.58/321/ 10:48.69/389)	
W60	3168	Margaret Rhebergen	62	12/09/17	Vernon, BC	
					(16.05, 1.2/723, 1.28/928, 6.83/546, 3.46, -2.3/554, 3:42.50/417)	

### 1500M RACE WALK

M40	6:13.49	Dmitry Babenko	44	12/08/17	Toronto, ON	<b>CR</b>
M50	11:24.18	Jeff Byington	54	09/07/17	Burnaby, BC	
M60	9:56.18	Bob Currie	64	14/09/17	Vernon, BC	
M75	10:40.18	Alan Vyse	75	14/09/17	Vernon, BC	
W55	9:52.31	Barb Picken	56	14/09/17	Vernon, BC	
W70	14:55.19	Phyllis Ebare	70	14/09/17	Vernon, BC	
W80	16:11.14	Leny Boonstra	81	14/09/17	Vernon, BC	

### MILE RACE WALK

M40	6:35.15	Dmitry Babenko	44	28/06/17	Coquitlam, BC	<b>CR</b>
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### 3000M RACE WALK

M40	12:57.03	Dmitry Babenko	44	16/06/17	Langley, BC	<b>CR</b>
W55	23:44.9 (h)	Lori Graham	59	16/10/17	St. George, UT	
W60	19:45.24	Suzanne Sharp	63	16/06/17	Langley, BC	
W75	24:58.47	Renate Cheetham	79	16/06/17	Langley, BC	

### 5000M RACE WALK

W55	39:25.07	Lori Graham	59	22/07/17	Olympia, WA	
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### 10000M RACEWALK

M40	46:10.63	Dmitry Babenko	44	16/07/17	Coquitlam, BC	<b>CR</b>
W55	1:24:12.80	Lori Graham	59	16/07/17	Coquitlam, BC	

### 5K ROAD WALK

M40	22:38	Dmitry Babenko	44	28/01/17	Santee, CA	<b>CR</b>
W55	40:42	Lori Graham	59	18/10/17	St. George, UT	
W60	34:01	Suzanne Sharp	63	09/09/17	Edmonton, AB	

**WR** World record

**CR** Betters listed Canadian record

**p** Pending approval by the BC Athletics Masters committee

### W55 Hammer Throw:

Because the CMA has approved Anne Murfitt's W55 Hammer throw result from the 2015 WMA Lyon Championships as the Canadian record, the BC Athletics Masters committee decided that Anne's result of 32.89m will also be the BC W55 record.