

80 - 84 YEAR OLD FEMALE (OUTDOOR)**50M**

2017	Christa Bortignon	9.13
2019	Renate Cheetham	12.96
2020	Renate Cheetham	13.11

100M

2017	Christa Bortignon	17.14
2018	Christa Bortignon	17.14
2021	Christa Bortignon	17.98
2001	Anne Fleming	21.49
2000	Anne Fleming	22.10
2009	Louise Sorensen	24.66
2019	Renate Cheetham	25.09
2018	Renate Cheetham	25.62
2020	Renate Cheetham	25.78
2011	Ruth Carrier	25.83
2021	Renate Cheetham	26.06
2000	Anne Fleming	27.34
2022	Renate Cheetham	27.72
2013	Mae Turek	42.01

200M

2017	Christa Bortignon	37.00
2018	Christa Bortignon	37.70
2001	Anne Fleming	46.28
2000	Anne Fleming	47.53
2018	Renate Cheetham	55.95
2019	Renate Cheetham	56.56
2020	Renate Cheetham	59.33
2021	Renate Cheetham	1:00.84
2011	Ruth Carrier	1:04.14

400M

2018	Christa Bortignon	1:35.88
2011	Lenore Montgomery	1:56.16
2013	Lenore Montgomery	1:57.07
2012	Lenore Montgomery	1:57.43
2000	Anne Fleming	1:58.78
2001	Anne Fleming	2:03.13
2019	Renate Cheetham	2:16.90
2018	Renate Cheetham	2:16.88
2022	Renate Cheetham	2:54.74

800M

2013	Lenore Montgomery	3:47.43
2018	Karin Vickars	3:59.66
2011	Lenore Montgomery	4:00.53
2012	Lenore Montgomery	4:15.73
2018	Christa Bortignon	4:25.23
2019	Renate Cheetham	5:22.14
2013	Mae Turek	10:06.63

1500M

2018	Karin Vickars	7:55.16
2012	Lenore Montgomery	7:59.03
2011	Lenore Montgomery	8:07.29
2013	Lenore Montgomery	8:11.24
2018	Renate Cheetham	10:04.46
2019	Renate Cheetham	10:31.30

3000M

2012	Lenore Montgomery	16:47.89
2013	Lenore Montgomery	16:57.00
2018	Renate Cheetham	21:42.09

5000M

2012	Lenore Montgomery	28:11.90
2011	Lenore Montgomery	29:00.24
2013	Lenore Montgomery	29:17.34
2018	Karin Vickars	29:25.74
2019	Renate Cheetham	39:26.74

10 000M

2011	Lenore Montgomery	1:01:43.31
2013	Lenore Montgomery	1:05:00.00

1500M RACE WALK

2019	Renate Cheetham	12:06.55
2018	Renate Cheetham	12:14.68
2022	Renate Cheetham	12:31.05

1 MILE RACE WALK

2020	Renate Cheetham	12:26.55
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3000M RACE WALK

2021	Renate Cheetham	24:16.51
2019	Renate Cheetham	24:26.72
2018	Renate Cheetham	25:22.03
2022	Renate Cheetham	25:54.13

5000M RACE WALK

2019	Renate Cheetham	41:17.44
2018	Renate Cheetham	41:44.92
2022	Renate Cheetham	43:25.56

5000M POWER WALK

2011	Ruth Carrier	40:56.00
2009	Louise Sorensen	44:39.41

10K POWER WALK - ROAD

2011	Ruth Carrier	1:25:02.00
2009	Louise Sorensen	1:31.49

80M HURDLES (27")

2018	Christa Bortignon	20.12
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200M HURDLES (27")

2017	Christa Bortignon	46.64
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80 - 84 YEAR OLD FEMALE (OUTDOOR)**LONG JUMP**

2017	Christa Bortignon	3.29
2018	Christa Bortignon	3.13
2021	Christa Bortignon	2.87

TRIPLE JUMP

2017	Christa Bortignon	8.03
2018	Christa Bortignon	6.90

TRIPLE JUMP

2018	Christa Bortignon	.97
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SHOT PUT (2kg from May 01 2010)

2013	Mae Turek	6.80
2018	Christa Bortignon	6.34
2012	Mae Turek	6.17
2017	Christa Bortignon	6.12
2021	Christa Bortignon	5.97
2019	Frances Steinfeld	5.43
2021	Frances Steinfeld	5.32
2022	Renate Cheetham	4.24

DISCUS (.75g from May 01 2010)

2012	Mae Turek	14.36
2013	Mae Turek	13.76
2019	Frances Steinfeld	12.04

JAVELIN (400g)

2012	Mae Turek	12.60
2021	Christa Bortignon	11.72
2013	Mae Turek	11.30
2017	Christa Bortignon	10.80
2019	Frances Steinfeld	9.46
2022	Renate Cheetham	7.67
2021	Renate Cheetham	7.47

HAMMER THROW (2kg from May 01 2010)

2013	Mae Turek	18.83
2012	Mae Turek	17.23
2019	Frances Steinfeld	16.72
2021	Frances Steinfeld	15.67

WEIGHT THROW (4kg from May 01 2010)

2012	Mae Turek	6.89
2013	Mae Turek	6.85
2019	Frances Steinfeld	6.70
2021	Renate Cheetham	6.14
2022	Renate Cheetham	5.49

WEIGHT PENTATHLON (HT, SP, DT, JT, WT)

2013	Mae Turek	2914
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PENTATHLON (80MH, HJ, SP, LJ, 800M)

2018	Christa Bortignon	4838
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