

## 90 YEAR OLD FEMALE (OUTDOOR)

### 100M

2011	Olga Kotelko	27.56
2013	Olga Kotelko	28.35

### 200M

2011	Olga Kotelko	1:02.48
2013	Olga Kotelko	1:09.03

### 800M

2020	Lenore Montgomery	6:13.82
------	-------------------	---------

### 1500M

2020	Lenore Montgomery	12:34.67
------	-------------------	----------

### HIGH JUMP

2013	Olga Kotelko	.78
2011	Olga Kotelko	.73

### LONG JUMP

2013	Olga Kotelko	1.51
2011	Olga Kotelko	1.40

### TRIPLE JUMP

2011	Olga Kotelko	3.83
2013	Olga Kotelko	3.70

### SHOT PUT (2kg from May 01 2010)

2010	Olga Kotelko	5.43
2013	Olga Kotelko	5.36
2011	Olga Kotelko	5.32

### DISCUS (750gr)

2011	Olga Kotelko	13.22
2013	Olga Kotelko	12.67

### JAVELIN (400g)

2011	Olga Kotelko	12.83
2013	Olga Kotelko	11.65

### HAMMER THROW (2kg from May 01 2010)

2011	Olga Kotelko	16.71
2013	Olga Kotelko	15.80
2010	Olga Kotelko	13.92 (3kg)

### WEIGHT THROW (4kg from May 01 2010)

2010	Olga Kotelko	7.90
2011	Olga Kotelko	7.27
2013	Olga Kotelko	7.11

### WEIGHT PENTATHLON (HT, SP, DT, JT, WT)

2011	Olga Kotelko	4364
2013	Olga Kotelko	4166