

80 - 84 YEAR OLD MALE (OUTDOOR)

100M			200M			400M		
2012	Norm Lesage	15.70	2011	Norm Lesage	33.61	2012	Norm Lesage	1:27.00
2011	Norm Lesage	15.97	2010	Norm Lesage	34.55	2011	Norm Lesage	1:28.93
2010	Norm Lesage	16.11	2012	Norm Lesage	35.17	2013	Norm Lesage	1:31.19
2014	Norm Lesage	16.18	2014	Norm Lesage	35.37	2008	Les Robson	1:34.91
2013	Norm Lesage	16.60	2013	Norm Lesage	35.79	2012	Phil Lefebure	1:50.44
2016	Andy Aadmi	17.33	2016	Andy Aadmi	37.72	2011	Les Robson	1:51.51
2011	Phil Lefebure	18.39	2008	Les Robson	39.69	2011	Phil Lefebure	1:53.82
2008	Les Robson	18.46	2012	Phil Lefebure	42.00			
2013	Phil Lefebure	18.78	2011	Les Robson	42.53			
2012	Phil Lefebure	19.44	2014	Phil Lefebure	45.32			
2011	Les Robson	19.60	2013	Phil Lefebure	45.71			
2014	Phil Lefebure	20.08	2012	Les Robson	50.64			
2012	Les Robson	21.70						
2017	Mac McNair	28.40						

LONG JUMP			TRIPLE JUMP			200M HURDLES (27")		
2008	Les Robson	2.69	2008	Les Robson	5.83	2016	Andy Aadmi	57.96
2011	Phil Lefebure	2.32	2011	Les Robson	5.25			
2011	Les Robson	2.21	2012	Les Robson	4.82			
2012	Les Robson	1.83						

SHOT PUT (3kg)			DISCUS (1kg)			JAVELIN (400g)		
2016	Andy Aadmi	9.57	2014	George Zaklan	19.06	2002	Garry Bachman	23.37
2014	George Zaklan	7.76	2016	Andy Aadmi	17.92	2016	Andy Aadmi	19.50
2014	Phil Lefebure	6.08	2013	Phil Lefebure	15.42	2014	George Zaklan	16.07
			2014	Phil Lefebure	13.67	2011	Phil Lefebure	12.97
			2017	Mac McNair	11.57	2012	Phil Lefebure	11.64
						2013	Phil Lefebure	11.05

HAMMER THROW (3kg)			WEIGHT THROW (12lbs)			EIGHT PENTATHLON (w/ 19, 27, 27, 27, 27)		
2016	Andy Aadmi	29.12	2016	Andy Aadmi	11.45	2016	Andy Aadmi	2848
2014	Norm Lesage	21.31	2014	George Zaklan	8.61	2014	George Zaklan	2324
2014	George Zaklan	21.26						

4X100M RELAY		
2010	Les Robson (79), Isaac Thiessen (81), Norm Lesage (80), Adrien Meeuwissen (80)	1:14.61

80 - 84 YEAR OLD MALE (INDOOR)

60M			200M			400M		
2012	Norm Lesage	9.90	2011	Norm Lesage	33.82	2012	Norm Lesage	1:24.83
2010	Norm Lesage	9.92	2012	Norm Lesage	35.49	2014	Norm Lesage	1:30.47
2013	Norm Lesage	10.17	2012	Phil Lefebure	42.78	2010	Norm Lesage	1:32.53
2014	Norm Lesage	10.43	2011	Les Robson	43.35	2011	Norm Lesage	1:36.87
2011	Norm Lesage	10.49				2011	Les Robson	2:00.24
2016	Andy Aadmi	10.50				2012	Les Robson	2:14.17
2012	Phil Lefebure	11.65						
2012	Les Robson	12.72						
2011	Les Robson	12.82						

1500m RACE WALK		
2017	Mac McNair	15:08.45

LONG JUMP			TRIPLE JUMP		
2012	Norm Lesage	2.37	2011	Les Robson	5.10
2012	Les Robson	2.10	2012	Les Robson	4.12
2011	Les Robson	2.05			

SHOT PUT ()		
2016	Andy Aadmi	9.86

4x200M RELAY			4x400M RELAY		
2011	Bill Thompson (81), Les Robson (83), Ed Whilock (80), Norm Lesage (81)	2:39.45	2011	Harry Thompson (88), Norm Lesage (81), Bill Thompson (81), Ed Whilock (80)	6:34.65
2012	Larry Chalmers, Phil Lefebure (80), Norm Lesage (82), Les Robson (84)	2:53.88			