

40 - 44 YEAR OLD FEMALE (INDOOR)

60M

2009	Georgina Titus	8.61
2015	Sharon Evans	9.33

200M

2015	Sharon Evans	32.23
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800M

2019	Olesea Chitul	3:02.41
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LONG JUMP

2015	Sharon Evans	4.00
2019	Olesea Chitul	3.92

HIGH JUMP

2019	Olesea Chitul	3.92
2015	Sharon Evans	1.10

60M Hurdles (30")

2019	Olesea Chitul	12.56
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1500M RACE WALK

2014	Nardene Hammond	7:19.70
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3000M RACE WALK

2014	Nardene Hammond	15:34.52
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SHOT PUT (4kg)

2019	Olesea Chitul	7.53
2016	Tara Hirota	7.25

PENTATHLON (60MH, HJ, SP, LJ, 800M)

2019	Olesea Chitul	2101
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