

60 - 64 YEAR OLD FEMALE (INDOOR)

50M

2015 Deborah Lee 9.07

60M

2020 Cindy O'Brien Hugh 9.23
2019 Cindy O'Brien Hugh 9.25
2022 Cindy O'Brien Hugh 9.31
2023 Cindy O'Brien Hugh 9.31
2022 Sharon Hann 9.80
2012 Urith Hayley 10.04
2016 Valerie Scott 10.29
2015 Deborah Lee 10.75
2022 Laurie Ritchie 10.79
2014 Fernanda De Pinna-Ho 10.84
2012 Deborah Lee 11.04

200M

2019 Cindy O'Brien Hugh 31.46
2020 Cindy O'Brien Hugh 32.60
2023 Cindy O'Brien Hugh 32.91
2022 Cindy O'Brien Hugh 33.17
2012 Urith Hayley 33.94
2022 Sharon Hann 34.89
2016 Valerie Scott 36.26
2022 Laurie Ritchie 36.80
2015 Deborah Lee 39.12

400M

2020 Cindy O'Brien Hugh 1:17.77
2019 Cindy O'Brien Hugh 1:21.02
2022 Sharon Hann 1:23.24
2016 Marie Johnson 1:23.34
2016 Valerie Scott 1:23.61

800M

2017 Suzanne Sharp 4:02.92

1000M RACE WALK

2017 Suzanne Sharp 4:57.58

1500M RACE WALK

2017 Suzanne Sharp 9:53.27
2018 Lori Graham 13:22.53

5000M POWER WALK

2018 Lori Graham 45:33.09

50M HURDLES

2015 Deborah Lee 11.14

60M HURDLES (27")

2023 Cindy O'Brien Hugh 11.16
2022 Cindy O'Brien Hugh 11.40
2020 Cindy O'Brien Hugh 12.12
2015 Deborah Lee 13.29
2022 Laurie Ritchie 13.99

LONG JUMP

2019 Cindy O'Brien Hugh 4.14
2023 Cindy O'Brien Hugh 3.61
2022 Cindy O'Brien Hugh 3.60
2020 Cindy O'Brien Hugh 3.52
2015 Deborah Lee 3.38
2012 Deborah Lee 3.16

TRIPLE JUMP

2015 Deborah Lee 7.24

HIGH JUMP

2022 Cindy O'Brien Hugh 1.20
2023 Cindy O'Brien Hugh 1.20
2015 Deborah Lee 1.15

SHOT PUT (3kg)

2023 Cindy O'Brien Hugh 7.30