

## 65 - 69 YEAR OLD FEMALE (INDOOR)

### 50M

2016 Deborah Lee 8.87

### 60M

2017 Urith Hayley 10.28  
 2018 Urith Hayley 10.47  
 2016 Deborah Lee 10.50  
 2019 Marie Johnson 10.52  
 2019 Urith Hayley 10.58  
 2018 Karen Shook 10.65  
 2018 Deborah Lee 10.85  
 2019 Deborah Lee 10.85  
 2017 Deborah Lee 10.86  
 2019 Karen Shook 11.16

### 200M

2019 Marie Johnson 36.54  
 2019 Urith Hayley 37.07  
 2018 Urith Hayley 37.63  
 2018 Karen Shook 38.18  
 2016 Deborah Lee 38.92  
 2019 Karen Shook 39.64

### 400M

2019 Marie Johnson 1:26.97  
 2013 Lynette Baldock 1:41.20  
 2015 Lynette Baldock 1:42.81  
 2014 Lynette Baldock 1:42.92  
 2016 Lynette Baldock 1:48.71

### 600M

2018 Suzanne Sharp 2:53.09

### 800M

2015 Lynette Baldock 3:44.83  
 2013 Lynette Baldock 3:55.76  
 2014 Lynette Baldock 3:56.11  
 2012 Lynette Baldock 3:58.05  
 2016 Lynette Baldock 4:02.39  
 2019 Urith Hayley 4:40.09

### 1500M

2015 Lynette Baldock 7:25.42  
 2013 Lynette Baldock 7:27.54  
 2012 Lynette Baldock 7:31.38  
 2014 Lynette Baldock 7:43.70  
 2016 Lynette Baldock 7:46.68

### 3000M

2016 Lynette Baldock 15:22.86  
 2013 Lynette Baldock 15:30.48  
 2012 Lynette Baldock 16:02.86  
 2015 Lynette Baldock 16:05.03  
 2014 Lynette Baldock 16:14.74

### 1500M RACE WALK

2018 Suzanne Sharp 9:40.05

### 50M HURDLES

2016 Deborah Lee 11.11

### 60M HURDLES (27")

2017 Urith Hayley 12.89  
 2019 Urith Hayley 13.01  
 2017 Deborah Lee 13.04  
 2016 Deborah Lee 13.07  
 2019 Deborah Lee 13.17  
 2018 Urith Hayley 13.42  
 2018 Deborah Lee 13.91

### 3000M RACE WALK

2018 Suzanne Sharp 20:04.33

### 1500M RACE WALK

2019 Suzanne Sharp 9:51.88

### 3000M RACE WALK

2018 Suzanne Sharp 20:04.33  
 2019 Suzanne Sharp 20:14.97

### LONG JUMP

2019 Deborah Lee 3.47  
 2012 Lynette Baldock 3.33  
 2016 Deborah Lee 3.33  
 2017 Deborah Lee 3.29  
 2018 Deborah Lee 3.15  
 2013 Lynette Baldock 2.85  
 2019 Urith Hayley 2.77  
 2015 Lynette Baldock 2.58  
 2014 Lynette Baldock 2.26

### TRIPLE JUMP

2019 Deborah Lee 7.59  
 2016 Deborah Lee 7.58  
 2017 Deborah Lee 7.34  
 2018 Deborah Lee 7.33  
 2013 Lynette Baldock 6.32  
 2012 Lynette Baldock 6.06  
 2014 Lynette Baldock 5.85  
 2015 Lynette Baldock 5.78  
 2016 Lynette Baldock 5.52

### HIGH JUMP

2016 Deborah Lee 1.15  
 2017 Deborah Lee 1.10  
 2019 Deborah Lee 1.10  
 2019 Urith Hayley 1.07  
 2018 Deborah Lee 1.05

### SHOT PUT (3kg)

2015 Gabriella Moro 8.45  
 2018 Urith Hayley 6.18  
 2011 Kathy Brand 6.14  
 2019 Urith Hayley 5.83

### WEIGHT THROW (12lbs)

2011 Kathy Brand 8.61

### PENTATHLON (60MH, HJ, SP, LJ, 800M)

2017 Urith Hayley 2436