

60 - 64 YEAR OLD MALE (INDOOR)

50M

2015	Al Percival	7.19
2013	Roy Turkington	7.24
2015	Roy Turkington	7.31
2016	David Dickey	8.29
2017	Harjinder Kang	10.78

60M

2003	Harold Morioka	7.80
2002	Herb Gee	8.18
2001	Herb Gee	8.30
2014	Al Percival	8.31
2013	Roy Turkington	8.34
2015	Al Percival	8.38
2012	Al Percival	8.50
2012	Roy Turkington	8.56
2015	Roy Turkington	8.59
2019	Edwin Liu	8.62
2016	Al Percival	8.67
2020	Jorge Woods	8.74
2020	Edwin Liu	8.75
2011	John Winfield	8.77
2019	Joe Hill	8.77
2019	Jorge Woods	8.82
2018	David Wall	8.83
2017	Brent Davy	8.88
2019	Brent Davy	8.92
2016	Reidar Zapf-Gilje	8.94
2020	Joe Hill	8.94
2018	Brent Davy	8.97
2022	Joe Hill	9.00
2017	Edwin Liu	9.02
2020	Mark Phillips	9.03
2011	Hardev Sandhu	9.20
2019	Jim Carwana	9.21
2013	Hardev Sandhu	9.26
2019	Jack Laughlin	9.28
2018	Jim Carwana	9.29
2016	David Dickey	9.50
2015	David Dickey	9.57
2017	David Dickey	9.58
2018	David Dickey	9.61
2011	Les Fowler	9.63
2012	Hardev Sandhu	9.65
2018	Harjinder Kang	10.88

200M

2003	Harold Morioka	25.09
2015	Al Percival	27.96
2014	Al Percival	28.04
2010	John Winfield	28.29
2011	John Winfield	28.43
2019	Joe Hill	29.06
2018	David Wall	29.42
2018	Brent Davy	29.52
2019	Brent Davy	29.75
2019	Jorge Woods	29.78
2017	Brent Davy	29.79
2019	Edwin Liu	29.98
2020	Mark Phillips	30.46
2022	Chris Finding	31.11
2011	Hardev Sandhu	31.16
2019	Jack Laughlin	31.42
2011	Les Fowler	31.73
2016	David Dickey	32.37
2012	Hardev Sandhu	32.47
2017	David Dickey	33.30
2015	David Dickey	33.55
2015	Harjinder Kang	34.11
2017	Harjinder Kang	34.12
2020	Jorge Woods	41.63

60 - 64 YEAR OLD MALE (INDOOR)

300M

2019	Chris Finding	48.41
2023	Chris Finding	48.75
2018	David Dickey	53.05
2017	David Dickey	53.83
2018	Harjinder Kang	55.22

400M

2003	Harold Morioka	54.56
2011	John Winfield	1:06.26
2019	Joe Hill	1:06.65
2019	Brent Davy	1:07.44
2018	David Wall	1:07.58
2017	David Wall	1:08.21
2020	Mark Phillips	1:08.47
2022	Chris Finding	1:09.07
2016	David Dickey	1:12.73
2015	Harjinder Kang	1:15.70
2017	Kelly Sharp	1:16.33
2018	Kelly Sharp	1:16.34
2017	Harjinder Kang	1:16.83
2011	Les Fowler	1:20.01

600M

2018	Kelly Sharp	2:07.01
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800M

2003	Harold Morioka	2:14.42
2022	Chris Finding	2:46.98
2018	David Wall	2:47.73
2017	Kelly Sharp	2:56.46
2015	Harjinder Kang	3:00.92
2018	Kelly Sharp	3:01.02
2017	David Dickey	3:04.02
2017	Harjinder Kang	3:04.58
2019	Kelly Sharp	3:29.85

1000M

2016	David Dickey	3:56.84
2017	David Dickey	4:01.86
2018	Kelly Sharp	4:01.90
2022	Joe Hill	4:36.71

1500M

2018	Kelly Sharp	6:08.48
2015	Harjinder Kang	6:25.53
2019	Kelly Sharp	7:03.61
2017	Kelly Sharp	7:25.57

3000M

2015	Harjinder Kang	14:08.90
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50M HURDLES (33")

2016	David Dickey	9.91
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60M HURDLES (33")

2016	Reidar Zapf-Gilje	10.73
2017	David Dickey	11.70
2016	David Dickey	11.90
2015	David Dickey	12.14
2022	Joe Hill	12.30
2019	Jim Carwana	12.62
2017	Edwin Liu	13.18
2020	Jim Carwana	13.47

60 - 64 YEAR OLD MALE (INDOOR)

HIGH JUMP

2015	David Dickey	1.37
2020	Larry Jer	1.35
2022	Joe Hill	1.31
2016	David Dickey	1.30
2017	David Dickey	1.28
2013	Hardev Sandhu	1.15
2011	Hardev Sandhu	1.05
2012	Hardev Sandhu	1.05

LONG JUMP

2012	Roy Turkington	5.11
2015	Roy Turkington	4.57
2019	Edwin Liu	4.30
2019	Jim Carwana	4.10
2018	David Wall	4.09
2019	Joe Hill	4.02
2017	Edwin Liu	4.01
2022	Joe Hill	4.01
2019	Jack Laughlin	4.00
2016	David Dickey	3.83
2015	David Dickey	3.81
2017	David Dickey	3.62
2012	Hardev Sandhu	3.61
2020	Larry Jer	3.59
2011	Hardev Sandhu	3.06
2013	Hardev Sandhu	2.03

TRIPLE JUMP

2019	Edwin Liu	9.37
2019	Jack Laughlin	8.70
2016	David Dickey	8.66
2015	Roy Turkington	8.47
2017	Edwin Liu	8.44
2019	Jim Carwana	8.35
2017	David Dickey	8.22
2020	Larry Jer	8.18
2013	Hardev Sandhu	7.83
2012	Hardev Sandhu	7.52
2011	Hardev Sandhu	6.71

SHOT PUT (3kg)

2011	Hardev Sandhu	9.43
2016	Andrew Natale	9.43
2016	Al Essex	9.37
2022	Joe Hill	9.01
2012	Hardev Sandhu	8.97
2018	David Dickey	6.71
2016	David Dickey	6.32
2017	David Dickey	6.08
2019	Harjinder Kang	5.59

WEIGHT THROW (20lbs)

2015	Dave McDonald	14.84
2016	Al Essex	12.05
2013	Hardev Sandhu	12.01
2012	Hardev Sandhu	10.26
2011	Hardev Sandhu	9.73
2016	Andrew Natale	9.55
2019	Harjinder Kang	6.84

POLE VAULT

2017	David Dickey	2.15
2013	Hardev Sandhu	1.80
2012	Hardev Sandhu	1.50

PENTATHLON (60MH, LJ, SP, HJ, 1000M)

2017	David Dickey	2450
2022	Joe Hill	2435
2016	David Dickey	2331