

## 80 - 84 YEAR OLD FEMALE (OUTDOOR)

50M		
2017	Christa Bortignon	9.13
2019	Renate Cheetham	12.96

100M		
2017	Christa Bortignon	17.14
2018	Christa Bortignon	17.14
2001	Anne Fleming	21.49
2000	Anne Fleming	22.10
2009	Louise Sorensen	24.66
2019	Renate Cheetham	25.09
2018	Renate Cheetham	25.62
2011	Ruth Carrier	25.83
2000	Anne Fleming	27.34
2013	Mae Turek	42.01

200M		
2017	Christa Bortignon	37.00
2018	Christa Bortignon	37.70
2001	Anne Fleming	46.28
2000	Anne Fleming	47.53
2018	Renate Cheetham	55.95
2019	Renate Cheetham	56.56
2011	Ruth Carrier	1:04.14

400M		
2018	Christa Bortignon	1:35.88
2011	Lenore Montgomery	1:56.16
2013	Lenore Montgomery	1:57.07
2012	Lenore Montgomery	1:57.43
2000	Anne Fleming	1:58.78
2001	Anne Fleming	2:03.13
2019	Renate Cheetham	2:16.90
2018	Renate Cheetham	2:16.88

800M		
2013	Lenore Montgomery	3:47.43
2018	Karin Vickars	3:59.66
2011	Lenore Montgomery	4:00.53
2012	Lenore Montgomery	4:15.73
2018	Christa Bortignon	4:25.23
2019	Renate Cheetham	5:22.14
2013	Mae Turek	10:06.63

1500M		
2018	Karin Vickars	7:55.16
2012	Lenore Montgomery	7:59.03
2011	Lenore Montgomery	8:07.29
2013	Lenore Montgomery	8:11.24
2018	Renate Cheetham	10:04.46
2019	Renate Cheetham	10:31.30

3000M		
2012	Lenore Montgomery	16:47.89
2013	Lenore Montgomery	16:57.00
2018	Renate Cheetham	21.42.09

5000M		
2012	Lenore Montgomery	28:11.90
2011	Lenore Montgomery	29:00.24
2013	Lenore Montgomery	29:17.34
2018	Karin Vickars	29:25.74
2019	Renate Cheetham	39:26.74

10000M		
2011	Lenore Montgomery	1:01:43.31
2013	Lenore Montgomery	1:05:00.00

1500M RACE WALK		
2019	Renate Cheetham	12:06.55
2018	Renate Cheetham	12:14.68

3000M RACE WALK		
2019	Renate Cheetham	24:26.72
2018	Renate Cheetham	25:22.03

5000M RACE WALK		
2019	Renate Cheetham	41:17.44
2018	Renate Cheetham	41:44.92

5000M POWER WALK		
2011	Ruth Carrier	40:56.00
2009	Louise Sorensen	44:39.41

10K POWER WALK - ROAD		
2011	Ruth Carrier	1:25:02.00
2009	Louise Sorensen	1:31.49

80M HURDLES (27")		
2018	Christa Bortignon	20.12

200M HURDLES (27")		
2017	Christa Bortignon	46.64

LONG JUMP		
2017	Christa Bortignon	3.29
2018	Christa Bortignon	3.13

TRIPLE JUMP		
2017	Christa Bortignon	8.03
2018	Christa Bortignon	6.90

TRIPLE JUMP		
2018	Christa Bortignon	.97

SHOT PUT (2kg from May 01 2010)		
2013	Mae Turek	6.80
2018	Christa Bortignon	6.34
2012	Mae Turek	6.17
2017	Christa Bortignon	6.12
2019	Frances Steinfeld	5.43

DISCUS (.75g from May 01 2010)		
2012	Mae Turek	14.36
2013	Mae Turek	13.76
2019	Frances Steinfeld	12.04

JAVELIN (400g)		
2012	Mae Turek	12.60
2013	Mae Turek	11.30
2017	Christa Bortignon	10.80
2019	Frances Steinfeld	9.46

HAMMER THROW (2kg from May 01 2010)		
2013	Mae Turek	18.83
2012	Mae Turek	17.23
2019	Frances Steinfeld	16.72

WEIGHT THROW (4kg from May 01 2010)		
2012	Mae Turek	6.89
2013	Mae Turek	6.85
2019	Frances Steinfeld	6.70

THROWS PENTATHLON (HT, SP, DT, JT, WT)		
2013	Mae Turek	2914

PENTATHLON (80MH, HJ, SP, LJ, 800M)		
2018	Christa Bortignon	4838