

**2016 BC MASTERS INDOOR TRACK AND FIELD RECORDS
(NEW RECORDS SET IN 2016 – 54 BC, 15 CR, 4 WR)**

<u>AGE</u>	<u>RECORD</u>	<u>RECORD HOLDER</u>	<u>AGE</u>	<u>DATE</u>	<u>VENUE</u>	
60M						
M35	7.20	Brian Carnate	38	06/02/16	Richmond, BC	
M45	7.54	Karl Jones	46	13/02/16	Kamloops, BC	
W55	9.16	Cindy O'Brien Hugh	57	13/02/16	Kamloops, BC	
W60	9.75	Margaret Rhebergen	60	13/02/16	Kamloops, BC	
W65	10.50	Deborah Lee	65	13/02/16	Kamloops, BC	
W65	10.50 tie	Deborah Lee	65	12/03/16	Richmond, BC	
200M						
M70	30.12	Tom Ukonmaanaho	71	14/02/16	Kamloops, BC	
W55	30.84	Cindy O'Brien Hugh	57	14/02/16	Kamloops, BC	
W65	38.92	Deborah Lee	65	14/02/16	Kamloops, BC	
400M						
M40	56.63	Sam Walker	44	12/03/16	Richmond, BC	
W60	1:23.34	Marie Johnson	62	27/02/16	Coolidge, AR	
W85	2:11.47	Lenore Montgomery	85	13/02/16	Kamloops, BC	WR
800M						
M70	2:48.97	Mark Stewart	71	12/03/16	Richmond, BC	
W85	4:52.80	Lenore Montgomery	85	14/02/16	Kamloops, BC	WR
1500M						
M35	4:39.84	Jeremy Brown	39	06/02/16	Richmond, BC	
M70	5:56.34	Mark Stewart	71	13/02/16	Kamloops, BC	
W75	10:28.88	Renate Cheetham	78	13/02/16	Kamloops, BC	
W85	9:31.42	Lenore Montgomery	85	13/02/16	Kamloops, BC	WR
3000M						
M70	12:43.22	Mark Stewart	71	12/02/16	Kamloops, BC	
W65	15:22.86	Lynette Baldock	69	12/02/16	Kamloops, BC	
W75	20:58.43	Renate Cheetham	78	12/02/16	Kamloops, BC	
W85	19:59.56	Lenore Montgomery	85	12/02/16	Kamloops, BC	WR
60M HURDLES						
M60	10.73	Reidar Zapf-Gilje	64	12/03/16	Kamloops, BC	
W60	12.13	Margaret Rhebergen	60	14/02/16	Kamloops, BC	
W65	13.07	Deborah Lee	65	12/03/16	Richmond, BC	
4x200M RELAY						
M45	1:57.85	Mark Phillips (50), Alex Galo (49) David Dickey (62), Branko Zurkovic (50)		06/02/16	Richmond, BC	
M50	1:59.64	Alex Galo (50), Lito Galo (51) Mark Phillips (51), Branko Zurkovic (50)		12/03/16	Richmond, BC	
M55	1:58.27	Jorge Woods (56), Edwin Liu (59) Bruno Gartner (62), Mark Pinckard (55)		06/02/16	Richmond, BC	CR
M70	2:09.98	Tom Ukonmaanaho (71), Sewa Birring (70) Harold Morioka (73), Mark Stewart (71)		14/02/16	Kamloops, BC	CR
W55	2:20.40	Cindy O'Brien Hugh (57), Valerie Scott (60) Deborah Lee (65), Margaret Rhebergen (60)		14/02/16	Kamloops, BC	
4 x 400M RELAY						
M55	4:48.55	Jorge Woods (57), Steve Briggeman (56) David Dickey (62), Cal Warren (56)		13/02/16	Kamloops, BC	CR
W60	7:20.79	Valerie Scott (60), Deborah Lee (65) Lynette Baldock (69), Renate C		13/02/16	Kamloops, BC	

LONG JUMP

W60	3.84	Margaret Rhebergen	60	14/02/16	Kamloops, BC	
W65	3.33	Deborah Lee	65	19/03/16	Toronto, ON	

TRIPLE JUMP

M75	7.30	Lynn Thompson	76	13/02/16	Kamloops, BC	
W60	8.08	Margaret Rhebergen	60	13/02/16	Kamloops, BC	
W65	7.58	Deborah Lee	65	13/02/16	Kamloops, BC	

HIGH JUMP

M65	1.45	John Hawkins	66	13/02/16	Kamloops, BC	
M70	1.25	Tom Ukonmaanaho	71	13/02/16	Kamloops, BC	
W55	1.35	Miriam Cavani	55	13/02/16	Kamloops, BC	CR
W60	1.25	Margaret Rhebergen	60	13/02/16	Kamloops, BC	
W65	1.15	Deborah Lee	65	13/02/16	Kamloops, BC	

POLE VAULT**SHOT PUT**

M75	11.44	Marek Glowacki	75	06/02/16	Edmonton, AB	CR
W65	8.66	Gabriella Moro	69	12/02/16	Kamloops, BC	CR

WEIGHT THROW

M40	15.36	Glenn McAtee	43	23/03/16	Columbia, SC	
M45	9.68	Jody Cranston	46	27/12/15	Snohomish, WA	
M50	13.11	Andrew Arthur	53	06/12/15	Centralia, WA	
M60	15.55	Dave McDonald	61	12/02/16	Kamloops, BC	
M65	13.47	Harnek Toor	69	12/02/16	Kamloops, BC	
W65	10.93	Cheryl Closkey	67	12/02/16	Kamloops, BC	CR

1500M RACEWALK

M40	6:15.75	Dmitry Babenko	43	13/02/16	Kamloops, BC	CR
M55	8:16.60	John Storms	56	13/02/16	Kamloops, BC	
M70	10:17.25	Jim Dyer	73	13/02/16	Kamloops, BC	

3000M RACEWALK

M40	13:06.63	Dmitry Babenko	43	12/02/16	Kamloops, BC	CR
M70	20:33.21	Jim Dyer	73	12/02/16	Kamloops, BC	

CR Betters listed Canadian record

WR Betters listed World record

No BC records kept for 50m, 50 Hurdles nor Superweight:

But 2 results below are **CRs**, and all 5 results will be BC "**Bests**".
(WMA does not recognize these events for indoor records)

50M

W65	8.87	Deborah Lee	65	20/03/16	Toronto, ON	
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50M HURDLES

M60	9.91	David Dickie	62	20/03/16	Toronto, ON	
W45	13.42	Rachel Fouladi	48	20/03/16	Toronto, ON	CR
W65	11.11	Deborah Lee	65	20/03/16	Toronto, ON	CR

SUPERWEIGHT

M50	6.69	Andrew Arthur	53	27/12/15	Snohomish, WA	
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