

2019 BC MASTERS INDOOR T & F RECORDS

(NEW RECORDS SET IN 2019 – 42 BC + 2 tie , 5 CR, 1tie WR) * As of April 22, 2019

NOTE: The following records were approved by the BCA Masters committee on June 12, 2019, but still must be approved by the BC Athletics Board at the next AGM.

<u>AGE</u>	<u>RECORD</u>	<u>RECORD HOLDER</u>	<u>AGE</u>	<u>DATE</u>	<u>VENUE</u>	
60M						
M40	7.18	Brian Carnate	41	02/02/19	Richmond, BC	
M45	7.43	Marvin Johnson	45	30/03/19	Kamloops, BC	
M65	8.12	Tom Dickson	65	26/01/19	Seattle, WA	CR?
W50	9.28	Sunette Lessing	51	09/02/19	Kamloops, BC	
W60	9.06	Patty Szybunka	61	09/03/19	Edmonton, AB	
200M						
W60	30.69	Patty Szybunka	61	10/03/19	Edmonton, AB	
W65	36.54	Marie Johnson	65	10/03/19	Edmonton, AB	
400M						
W50	1:29.50	Julie Valente	52	09/03/19	Edmonton, AB	
W60	1:21.02	Cindy O'Brien Hugh	60	09/03/19	Edmonton, AB	
W65	1:26.97	Marie Johnson	65	09/03/19	Edmonton, AB	
800M						
M75	4:01.05	Arthur Gee	75	31/03/19	Kamloops, BC	
M80	3:43.40	Karl Mey	82	31/03/19	Kamloops, BC	
1500M						
M75	8:06.26	Arthur Gee	75	30/03/19	Kamloops, BC	
M85	8:47.14	Donald Currie	85	09/03/19	Edmonton, AB	
3000M						
M75	17:48.56	Arthur Gee	75	29/03/19	Kamloops, BC	
60M HURDLES						
W50	10.59	Sunette Lessing	51	31/03/19	Kamloops, BC	
4x200M RELAY						
M45	1:47.31	Faraaz Taiyab(45), Randy Sheldon(47) Sam Walker(47), Marvin Johnson(45)		31/03/19	Kamloops, BC	
M50	1:57.84	Jess Aujla(54), Steve Law(57) Mark Phillips(54), Rob Smith(51)		31/03/19	Kamloops, BC	
W65	2:45.37	Deborah Lee(68), Karen Shook(68) Sheila Allison(73), Urith Hayley(68)		31/03/19	Kamloops, BC	CR
4x400M RELAY						
M40	4:30.53	Sam Walker(47), Marvin Johnson(44) Mark Phillips(54), Faraaz Taiyab(45)		10/03/19	Edmonton, AB	
M75	6:20.78	Arthur Gee(75), Don Currie(85) Karl Mey(82), Surinder Shah(75)		30/03/19	Kamloops, BC	CR
LONG JUMP						
M35	6.27	Dwight Liburd	36	08/03/19	Edmonton, AB	
M70	3.55	Hardev Sandhu	70	31/03/19	Kamloops, BC	
M75	3.41	Arthur Gee	75	31/03/19	Kamloops, BC	
W50	4.70	Sunette Lessing	51	09/02/19	Kamloops, BC	
W55	4.24	Miriam Cavani	58	10/03/19	Edmonton, AB	
W60	4.14	Cindy O'Brien Hugh	60	10/03/19	Edmonton, AB	
W65	3.47	Deborah Lee	68	10/03/19	Edmonton, AB	
W80	3.28 tie	Christa Bortignon	82	26/03/19	Torun, POL	ties WR
TRIPLE JUMP						
W60	8.56	Patty Szybunka	61	08/03/19	Edmonton, AB	
W65	7.59	Deborah Lee	68	30/03/19	Kamloops, BC	

HIGH JUMP

M70	1.38	Heinz Peter	70	10/03/19	Edmonton, AB
W50	1.50 tie	Sunette Lessing	51	31/03/19	Kamloops, BC
W60	1.37	Monica Pomietlarz	60	30/03/19	Kamloops, BC

CR**POLE VAULT****SHOT PUT**

W60	10.01	Monica Pomietlarz	60	09/02/19	Kamloops, BC
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WEIGHT THROW

M75	12.44	Jim Dyer	76	29/03/19	Kamloops, BC
W70	10.44	Cheryl Closkey	71	08/03/19	Edmonton, AB

1500M RACEWALK

W65	9:51.88	Suzanne Sharp	65	30/03/19	Kamloops, BC
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3000M RACEWALK

W65	20:14.77	Suzanne Sharp	65	09/03/19	Edmonton, AB
W80	25:27.78	Renate Cheetham	81	29/03/19	Kamloops, BC

PENTATHLON

M70	2206	Hardev Sandhu	70	10/03/19	Edmonton, AB
		(12.62/591, 3.15/419, 8.85/566, 1.05/426, 5:36.35/204)			
W40	2101	Olesea Chitul	43	10/03/19	Edmonton, AB
		(12.56/476, 1.16/389, 7.53/422, 3.92/391, 3:02.42/423)			
W50	3781	Sunette Lessing	51	31/03/19	Kamloops, BC
		(10.59/883, 1.50/1016, 9.19/633, 4.57/765, 3:12.97/484)			
W65	2436	Urith Hayley	67	10/03/19	Edmonton, AB
		(13.42/684, 1.07/701, 5.83/508, 2.77/379, 4:40.09/164)			

CR**CR** Betters listed Canadian record**CR?** There is a better hand time but the CMA is considering adding the best electronic time.**WR** Betters listed World record**P** Pending completed record form and/or approval by the records committee.**INDOOR RECORD MISSED FROM PAST YEARS – approved on June 12, 2019***(Result from the 1983 Portland **INDOOR** Masters Mile)*

M45	Mile (Indoor)	4:34.6(h)	Don Trethewey	46	19/02/83	Portland, OR
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