

BC MASTERS OUTDOOR TRACK AND FIELD RECORDS

NEW RECORDS SET IN 2012 (53 BC +2 tie, 26 CR +2 tie, 4 WR)

Note: As of May 01, 2010, the W75 + used the lighter implements in the hammer, shot, weight and discus. (two sets of records will be kept for 5 years).

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
100M						
M55	12.01 1.1 tie p	Tom Dickson	59	20/04/12	Azusa, CA	CR (tie)
M80	15.70 0.0	Norm Lesage	82	19/05/12	Kamloops, BC	
W75	15.99 0.9	Christa Bortignon	75	23/08/12	Burnaby, BC	CR
200M						
M65	28.08 -1.0	Tom Ukonmaanaho	67	25/08/12	Burnaby, BC	
W75	34.66 -0.6	Christa Bortignon	75	09/10/12	St. George, UT	CR
400M						
W35	58.92	Jeannette Van Den Bulk	35	09/06/12	Duncan, BC	
W75	1:25.07	Christa Bortignon	75	10/08/12	Saint John, NB	CR
800M						
1500M						
W80	7:59.03	Lenore Montgomery	82	24/08/12	Burnaby, BC	CR
MILE						
3000M						
W50	11:02.02	Juliette Christie	50	16/06/12	Langley, BC	
W65	14:41.26	Lynette Baldock	65	16/06/12	Langley, BC	
W75	15:32.99	Gwen McFarlan	78	08/07/12	Burnaby, BC	CR
W80	16:47.89	Lenore Montgomery	82	16/06/12	Langley, BC	CR
5000M						
W80	28:11.90	Lenore Montgomery	82	22/08/12	Burnaby, BC	CR
10000M						
M45	32:07.4 h	Bruce Deacon	45	01/09/12	Victoria, BC	
W40	34:22.6 h	Marilyn Arsenault	44	01/09/12	Victoria, BC	CR
W45	35:32.5 h	Lucy Smith	45	01/09/12	Victoria, BC	CR
SPRINT HURDLES						
M35	14.92 0.6	Doug McLaren	36	07/07/12	Burnaby, BC	CR
W75	17.71 1.0	Christa Bortignon	75	22/09/12	San Diego, CA	WR
LONG HURDLES						
W35	1:03.53	Jeannette Van Den Bulk	35	12/06/12	Victoria, BC	CR
W75	41.22 1.0	Christa Bortignon	75	08/07/12	Burnaby, BC	WR
SPEOPLECHASE						
M50	11:57.9	Peter Holmes	51	10/06/12	Duncan, BC	
4 X 100M RELAY						
LONG JUMP						
W55	4.06 -0.9	Margaret Rhebergen	57	07/07/12	Burnaby, BC	
W75	3.50 -1.6	Christa Bortignon	75	07/07/12	Burnaby, BC	CR
TRIPLE JUMP						
M85	4.37 0.0	Les Robson	85	17/06/12	Langley, BC	
W60	7.66 -0.5	Betsy Rollins	62	08/07/12	Burnaby, BC	
	7.66 0.0	Betsy Rollins	62	23/08/12	Burnaby, BC	
W75	8.11 0.4	Christa Bortignon	75	10/10/12	St. George, UT	WR

HIGH JUMP

M70	1.30	Les East	73	24/08/12	Burnaby, BC	
W55	1.30 (tie)	Margaret Rhebergen	57	16/06/12	Langley, BC	CR (tie)
W75	1.13	Christa Bortignon	75	24/08/12	Burnaby, BC	CR

POLE VAULT

M80	1.45	Joe Giegerich	80	23/08/12	Burnaby, BC	
M80	1.45	Doug Monds	83	23/08/12	Burnaby, BC	
W45	2.60	Nancy Craig	46	14/07/12	Coquitlam, BC	

SHOT PUT

W60	9.51	Lynda Braun	60	07/07/12	Burnaby, BC	CR
W65	9.38	Gabriella Moro	65	24/08/12	Burnaby, BC	CR
W80	6.17	Mae Turek	80	07/07/12	Burnaby, BC	CR

DISCUS

W35*	39.64	James O'Kane	36	03/06/12	Calgary, AB	
W60	27.63	Rose Hare	63	18/02/12	Indio, CA	CR
W65	25.24	Gabriella Moro	65	13/07/12	Coquitlam, BC	CR

JAVELIN

M45	58.03 p	Graham Morfitt	45	09/06/12	Duncan, BC	CR
W70	26.43	Marg Radcliffe	70	08/10/12	St. George, UT	

HAMMER

M55	41.26	Dave McDonald	58	22/09/12	Kamloops, BC	
W60	33.18	Rose Hare	63	28/04/12	Surrey, BC	CR
W70	21.69	Kathy Brand	70	23/08/12	Burnaby, BC	

WEIGHT THROW

M55	15.51	Dave McDonald	58	25/08/12	Burnaby, BC	
W60	12.28	Rose Hare	63	15/06/12	Langley, BC	
W70	9.58	Sandy Anderson	72	15/06/12	Langley, BC	

SUPER WEIGHT

M55	5.05	Dave McDonald	58	21/07/12	Seattle, WA	
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WEIGHT PENTATHLON

M55	3340 pts	Dave McDonald	58	21/07/12	Seattle, WA (40.67/734, 9.90/641, 35.06/643, 39.48/630, 12.69/692)	
M60	3510 pts	Reidar Zapf-Gilje	60	23/08/12	Burnaby, BC (37.25/656, 12.30/811, 38.58/685, 37.68/637, 14.16/721)	

PENTATHLON

W75	4743 pts	Christa Bortignon	75	09/08/12	Saint John, NB (19.71/974, 1.09/1054, 7.58/786, 3.48/1007, 3:39.57/922)	WR
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1500M RACEWALK

W40	7:16.98	Nardene Hammond	40	08/07/12	Burnaby, BC	CR
W65	10:00.21	Ellie Halcrow	65	08/07/12	Burnaby, BC	

3K RACEWALK

M35	13:49.52	Dmitry Babenko	39	15/06/12	Langley, BC	
M60	16:11.89	Gerald Dragomir	60	15/06/12	Langley, BC	
W40	15:40.76	Nardene Hammond	40	15/06/12	Langley, BC	
W65	18:47.30	Ellie Halcrow	65	15/06/12	Langley, BC	CR

WR World record**CR** Canadian record (betters listed record from 2011)**p** Pending ratification by BCA Masters committee and/or CMA.