

2019 ALL NEW BC MASTERS OUTDOOR TRACK AND FIELD RECORDS
 (19 BC + 0 tie, 2 CR, 0 WR) *to June 01, 2019

NOTE: All of the following records without a "P" have been approved by the BC Athletics Masters committee on June 12, 2009.

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
100M						
200M						
400M						
800M						
1500M						
MILE						
M55	4:50.34	David Guss	58	24/05/19	Kelowna, BC	
3000M						
10000M						
W35	31:43.26	Natasha Wodak	37	02/05/19	Palo Alto, CA	CR
SPRINT HURDLES						
W40	14.36	2.0 p Jeannette Van Den Bulk	42	12/05/19	Victoria, BC	
LONG HURDLES						
M80	41.01	1.0 p Karl Mey	82	04/05/19	Kamloops, BC	
STEEPLECHASE						
4 x 100M RELAY						
4 x 400M RELAY						
LONG JUMP						
W35	6.15	0.0 p Dwight Liburd	36	04/05/19	Kamloops, BC	
TRIPLE JUMP						
HIGH JUMP						
POLE VAULT						
W35	2.85	Lindsey Canary	39	11/05/19	Victoria, BC	
W35	3.00	Lindsey Canary	39	26/05/19	Nanaimo, BC	
SHOT PUT						
W70	8.30	Rose Hare	70	26/05/15	Langley, BC	
DISCUS						
W70	23.56	Rose Hare	70	26/05/19	Langley, BC	
JAVELIN THROW						
W45	29.19	p Nicole Carlos	45	04/05/19	Kamloops, BC	
HAMMER THROW						
M60	47.66	p Michael Houser	61	04/05/19	Kamloops, BC	
M60	46.93	p Cory Holly	61	04/05/19	Kamloops, BC	
W70	30.20	Rose Hare	70	12/04/19	Abbotsford, BC	CR
W70	30.35	Rose Hare	70	28/04/19	Langley, BC	CR
W75	30.18	p Kathy Brand	76	04/05/19	Kamloops, BC	
WEIGHT THROW						
W45	10.93	p Nicole Carlos	45	04/05/19	Kamloops, BC	
W70	11.27	Rose Hare	70	26/05/19	Langley, BC	
W75	10.59	p Kathy Brand	76	04/05/19	Kamloops, BC	
SUPERWEIGHT						
W55	6.15	p Nancy Smith	55	28/04/19	Langley, BC	
W70	7.56	p Rose Hare	70	28/04/19	Langley, BC	
THROWS PENTATHLON						
W45	2960	p Nicole Carlos	45	03/05/19	Kamloops, BC	
		(30.22/677, 8.01/501, 29.75/574, 27.31/554, 9.75/654)				
W70	4043	p Rose Hare	70	28/04/19	Langley, BC	
		(30.35/???, 8.12/865, 21.31/728, 16.35/559, 9.96/776)				

W70	3921	p	Cheryl Closkey	71	03/05/19	Kamloops, BC (27.37/987, 7.39/775, 21.62/740, 16.56/567, 10.79/852)
W70	4116	p	Rose Hare	70	26/05/19	Langley, BC (28.77/1047, 8.30/888, 21.60/740, 16.36/559, 11.12/882)

PENTATHLON

1500M RACE WALK

3000M RACE WALK

5000M RACE WALK

10000M RACEWALK

WR World record
CR Betters listed Canadian record
p Record application form not completed.

OUTDOOR RECORDS MISSED FROM PAST YEARS (All 8 records approved on June 12, 2019)

(Race walk records from 2004 Canadian Championships in Calgary)

W55	3000M RW	20:21.85	Faune Johnson	56	17/07/04	Calgary, AB
M50	3000M RW	15:15:11	Gerry Dragomir	52	17/07/04	Calgary, AB
W55	5000M RW	35:02.78	Faune Johnson	56	18/07/04	Calgary, AB
M85	5000M RW	42:57.89	Claude Bell	86	18/07/04	Calgary, AB

(Results from 2005 WMA Championships in Spain)

W55	5000M RW	36:10.82	Faune Johnson	57	??/??/05	San Sebastian
W70	10K Road W	1:25:01	Ruth Carrier	74	??/??/05	San Sebastian

(Result from the 1979 BC Open Championships in Surrey)

M35	200M	22.3 (h) 3 rd	Harold Morioka	36	??/07/79	Surrey, BC
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(Result from the 2009 Canadian Championships in Kamloops)

M35	400m hurdles	1:10.24	Trevor Wight	35	19/07/09	Kamloops, BC
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